

**LARRY F. FORTHUN**  
University of Florida  
Institute of Food and Agricultural Sciences  
Department of Family, Youth and Community Sciences  
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## **EDUCATION**

TEXAS TECH UNIVERSITY	Lubbock, TX
Ph.D., Human Development and Family Studies	1999
Dissertation: "An examination of identity formation During Adolescence: A Person-Oriented Approach"	
Advisor: Nancy Bell, PhD	
UTAH STATE UNIVERSITY	Logan, UT
M.S., Family and Human Development/Marriage and Family Therapy	1995
Thesis: "Identity Style, Substance Use, and Perceived Family Functioning Among Young Adults: An Exploratory Study"	
Advisor: Scot Allgood, Ph.D.	
UTAH STATE UNIVERSITY	Logan, UT
B.S., Psychology, Minor: Family and Human Development	1992
Cum Laude	

## **PROFESSIONAL EXPERIENCE**

UNIVERSITY OF FLORIDA	Gainesville, FL
Department of Family, Youth and Community Sciences	
Interim/Acting Chair	2024-present
Associate Chair	2019-2023
FYCS Graduate Program Coordinator	2013-2017
Associate Professor	2013-present
Assistant Professor	2008-2013
PENN STATE UNIVERSITY, DUBOIS	DuBois, PA
Department of Human Development and Family Studies	
Associate Professor	2005-2007
Assistant Professor	1999-2005

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## **HONORS AND AWARDS**

2023	UF College of Agricultural and Life Sciences Graduate Teacher/Adviser of the Year
2022	UF/IFAS Extension Professional Enhancement Award: James App Award for Outstanding Extension Team, awarded to the Health Extension Team [affiliate member]
2018	Educator Award, North American Colleges and Teachers of Agriculture (NACTA)

- 2017 UF/IFAS Superior Accomplishment Award for Faculty Service
- 2012 UF Open Access Award, Awarded to The University Libraries Committee [member]
- 2012 150th Anniversary Morrill Act Award, Organizational Award Category, Awarded to UF FYCS Family Album Radio [reviewer, script writer]
- 2004 The Pennsylvania State University Commonwealth College Award for Distinguished Faculty Service and/or Outreach
- 2002 The Pennsylvania State University Commonwealth College Award for Innovation, PSU DuBois Undergraduate Research Committee [member].
- 2002 Pennsylvania Commission for the Prevention of Alcohol, Tobacco, and Other Drug Abuse Award for Education and Awareness, PSU DuBois Partnership for Prevention [member].

## PUBLICATIONS

Self = bold; student = \*

### Selected Refereed Publications

- Fisher, C. L., Campbell-Salome, G., \*Bagautdinova, D., Wright, K. B., **Forthun, L. F.**, Bacharz, K. C., Mullis, M. D., Wolf, B., Pereira, D.B., Spiguel, L., & Bylund, C.L. (2023). Young adult caregiving daughters and diagnosed mothers navigating breast cancer together: Open and avoidant communication and psychosocial outcomes. *Cancers*, 15, 3864. <http://dx.doi.org/10.3390/cancers15153864>
- \*Moss, C.E., \*Vasquez, T.S., Fisher, C.L., & **Forthun, L.F.** (2023). “Make Your Family Proud”: Analyzing the communication of roles and identity in Disney’s *Encanto*. *Journal of Family Communication*. <https://doi.org/10.1080/15267431.2023.2266479>
- \*Fenton, M.P., **Forthun, L.F.**, & \*Grajo, N. (2023). Associations between family risk and protective factors and adolescent substance use across the rural-urban continuum: A person-/variable-centered approach. *Journal of Child & Family Studies*. <https://doi.org/10.1007/s10826-023-02615-y>
- Sajatovic, M., Levin, J.B., Modi, A., McVoy, M., **Forthun, L.F.**, Cooley, R., Black, J., Conroy, C., Sarna, K., Briggs, F.B., & Delbello, M. (2023). Association between symptom severity and medication adherence in adolescents with bipolar disorder demonstrating suboptimal adherence. *Psychopharmacological Bulletin*, 53, 8-21. PMID: 37601085.
- \*Fenton, M.P., **Forthun, L.F.**, & Lynne, S. D. (2023). Pathways to adulthood in rural America: A latent profile and latent transition analysis of adult social roles. *Journal of Youth and Adolescence*, 52, 1170-1190. <https://doi.org/10.1007/s10964-023-01755-0>
- \*Edwards, A.M., \*Hung, R., Levin, J.B., **Forthun, L.F.**, Sajatovic, M., & McVoy, M. (2023). Health disparities among rural individuals with mental health conditions: A systematic literature review. *Journal of Rural Mental Health*, 47(3), 163–178. <https://doi.org/10.1037/rmh0000228>
- Forthun, L.F.**, Sajatovic, M., Levin, J.B., DelBello, M., \*Appling, D., \*Broadnax, M., Fuentes-Casiano, E., Cooley, R., & Modi, A.C. (2023). Modification of a customized adherence intervention to improve adherence in adolescents and young adults with bipolar disorder. *JAACAP Open*. Advance Online Publication. <https://doi.org/10.1016/j.jaacop.2023.04.001>
- \*Fenton, M.P., **Forthun, L.F.**, \*Aristild, S., & \*Vasquez, K. (2022). The role of the rural context in the transition to adulthood: A scoping review. *Adolescent Research Review*, 7, 101-126. <https://doi.org/10.1007/s40894-021-00161-6>

- McVoy, M., Delbello, M., Levin, J., Modi, A. C., **Forthun, L.F.**, Briggs, F., \*Appling, D., \*Broadnax, M., Conroy, C., Cooley, R., Eapen, G., & Sajatovic, M. (2022). A customized adherence enhancement program for adolescents and young adults with suboptimal adherence and bipolar disorder: Trial design and methodological report. *Contemporary Clinical Trials*, *115*, 106729. <https://doi.org/10.1016/j.cct.2022.106729>
- \*Boyer, N.A., **Forthun, L.F.**, & Johns, T.L. (2021). Intrasexual competition and unhealthy weight control behaviors among late adolescent females. *Adolescents*, *1*, 433–441. <https://doi.org/10.3390/adolescents1040033>.
- \*Schmeer, A., Harris, V.W., **Forthun, L.F.**, Valcante, G., & \*Visconti, B. (2021). Through the eyes of a child: Sibling perspectives on having a sibling diagnosed with autism. *Research in Developmental Disabilities*, *119*, 104066. <https://doi.org/10.1016/j.ridd.2021.104066>.
- Cantrell, R., Yaye', M., Hunderford, J., **Forthun, L.F.**, Irani, T., & Cantrell, V. (2021). Young migrants' views of their present and future in Niamey and Niger. *SN Social Sciences*, *1*, Article134, 20 pages. <https://doi.org/10.1007/s43545-021-00150-5>.
- \*Saldana, M.F., & **Forthun, L.F.** (2020). The effects of parenting style on emerging adulthood emotional self-regulation and identity development. *UF Journal of Undergraduate Research*, *22*, #21. <https://doi.org/10.32473/ufjur.v22i0.121824>

## PROFESSIONAL PRESENTATIONS

### Selected Refereed Presentations

- Sajatovic, M., Levin, J., Modi, A., McVoy, M., Yala, J., Briggs, F., Cooley, R., Conroy, C., Black, J., **Forthun, L.F.**, DelBello, M. (2023, Dec 3-6). *A Customized Adherence Enhancement program for adolescents and young adults with suboptimal adherence and bipolar disorder* [poster session]. 62<sup>nd</sup> Annual Meeting of the American College of Neuropharmacology. Tampa, FL.
- Fisher, C.L., Wright, K.V., Campbell-Salome, G., Bagautdinova, D., Mullis, M.D., Pereira, D., Bacharz, K., **Forthun, L.F.**, Wolf, B.M., & Bylund, C.L. (2023, Oct 22-25). *Young-adult caregiving daughters and diagnosed mothers navigating breast cancer together: The impact of open and avoidant communication on psychosocial outcomes*. [Conference presentation]. ACH 2023 International Conference on Communication in Healthcare, Rio Mar, Puerto Rico.
- Moore, E., Tharpe, A., **Forthun, L.F.**, Hensley, S., Pracht, D. (2023, Oct 7-13). *LST in schools is an opioid prevention strategy stronger than steel* [Conference presentation]. 2023 NAE4-HYDP Annual Conference, Pittsburgh, PA.
- Tharpe, A., Moore, E., **Forthun, L.F.**, Hensley, S., Pracht, D. (2023, Sept 25-28) *Teaching Botvin Lifeskills to enhance youths state of mind* [Conference presentation]. Epsilon Sigma Phi (ESP) 2023 National Conference, Billings, MT.
- Sajatovic, M., Levin, J., Modi, A., McVoy, M. Cooley, R., Black, J., Sarna, K., Briggs, F., **Forthun, L.F.**, & Delbello, M. (2023, June 22-25). *Association between symptom severity and medication adherence in adolescents and young adults with bipolar disorder demonstrating suboptimal adherence* [Poster session]. The International Society for Bipolar Disorders, Chicago, IL.
- \*Nielsen, A., Grajo, N., & **Forthun, L.F.** (2023, June 15-17). *Predictors of stress among graduate student-parents: An evaluation of childcare and time use characteristics* [Poster session]. Society for the Study of Emerging Adulthood Conference, San Diego, CA.

- \*Nesbit, T., Coker, K., **Forthun, L.F.**, & McKune, S.L. (2023, April 18-20). *A CTS team approach to adapting an evidence-based mindfulness tool to increase trust of reproductive healthcare providers* [Poster session]. Association for Clinical and Translational Science Conference, Washington, D.C.
- \*Fenton, M.P., **Forthun, L.F.**, \*Aljaylani, L., & \*Michael, A.N. (2022, November 16-19). *Pathways to adulthood among rural young adults* [Poster session]. National Council on Family Relations Conference, Minneapolis, MN.
- Forthun, L.F.**, \*Michael, A., Galindo, S., Pracht, D., Fogarty, K., Doty, J., & \*Kersey, E. (2022, August 25-27). *Building Steps to Success: An evaluation of The University of Florida Rural Youth Fellowship* [Poster session]. 18<sup>th</sup> European Association for Research on Adolescence conference, Dublin, Ireland.
- Forthun, L.F.**, Sajatovic, M., Levin, J.B., DelBello, M., Appling, D., Broadnax, M., & Modi, A. (2021, November 5). *Preliminary development and testing of a medication adherence intervention for adolescents and emerging adults with bipolar disorder* [Paper presentation]. Society for the Study of Emerging Adulthood Virtual Conference.
- Forthun, L.F.**, Sajatovic, M., Levin, J.B., DelBello, M., Appling, D., Broadnax, M., Jain, N., & Modi, A. (2021, October 18-30). *Development of the customized adherence enhancement for adolescents and young adults to improve medication adherence in bipolar disorder* [Poster session]. American Academy of Child and Adolescent Psychiatry Virtual Annual Meeting.
- Sajatovic, M., Levin, J.B., Modi, A.C., **Forthun, L.F.**, McVoy, M., Appling, D., Broadnax, M., & Briggs, F.B.S. (2021, October 17-22). *Psychopharmacological importance of medication adherence among adolescents with Bipolar Disorder* [Paper presentation]. American Academy of Child and Adolescent Psychiatry Virtual Annual Meeting.
- \*Fenton, M. P., **Forthun, L.F.**, Radunovich, H., & Mora, S. (2021, March 5-26). *The role of rurality in the transition to adulthood: A scoping review* [Poster session]. Society for Research on Adolescence, virtual conference.
- \*Fenton, M.P., **Forthun, L.F.**, & Sims, K. (2020, November 4-13). *Family matters for rural youth: Comparing risk and protective factors in rural and urban youth* [Paper presentation]. National Council on Family Relations virtual meeting.
- \*Flores Saldana, M., **Forthun, L.F.**, Chau, B. (2020, Cancelled). *Parenting and emerging adulthood: Do parents still matter?* Society for Research on Adolescence Biennial Meeting, San Diego, CA.
- \*Fenton, M. P., **Forthun, L.**, Radunovich, H., & Mora, S.<sup>§</sup> (2020, Cancelled). *The role of rurality in the transition to adulthood: A critical review.* Society for Research on Adolescence Biennial Meeting, San Diego, CA.

## FUNDING

### External Funding

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|-----------|--|
| 2023-2026 | PI, USDA Natl Inst of Food and Ag (2023-46100-41039), PROSPER Florida 2.0: Prevention of Youth Opioid Use, \$349,507.<br><a href="https://portal.nifa.usda.gov/web/crisprojectpages/1031402-prosper-florida-20-expanding-and-scaling-up-the-prevention-of-youth-opioid-use.html">https://portal.nifa.usda.gov/web/crisprojectpages/1031402-prosper-florida-20-expanding-and-scaling-up-the-prevention-of-youth-opioid-use.html</a> |
| 2021-2024 | PI, USDA Natl Inst of Food and Ag (2021-46100-35391), PROSPER Florida: Preventing Youth Opioid Use in Rural Communities - USDA NIFA RHSE, \$348,368.<br><a href="https://app.dimensions.ai/details/grant/grant.9738926">https://app.dimensions.ai/details/grant/grant.9738926</a>  |

- 2020-2023 Senior Personnel, HHS-Substance Abuse & Mental Health Services Admin (H79TI083268), PROSPER Step-by-Step, State-by-State (P2S): Expansion of an Extension-Based Opioid Prevention Capacity-Building System, PI: Greg Pliler, Iowa State University, \$1,133,838
- 2019-2023 Senior Personnel, Natl Inst of Hlth NIMH (R34MH117206), Improving Adherence in Adolescents and Young Adults with Bipolar Disorder, PI: Martha Sajatovic, Case Western Reserve University, \$764,306 (\$22,304). <https://app.dimensions.ai/details/grant/grant.8556602>
- 2020-2022 PI, USDA Natl Inst of Food and Ag (2020-70003-30923), Building Steps to Success for Youth Professionals in Rural Communities, \$149,847. <https://app.dimensions.ai/details/grant/grant.8970645>

### **Internal Funding**

- 2020-2023 Co-PI, University of Florida (UF) Health Cancer Center, Developing a Healthy Communication Practice (HCP) Toolkit for Mothers Diagnosed with Breast Cancer and Their Young-Adult Daughter Caregivers, PI: Carla Fisher, \$49,999

## **GRADUATE STUDENT MENTORING**

### **Mentoring Philosophy**

I am passionate about the effective mentoring of students. Consistent with my philosophy of teaching, my mentoring philosophy is informed by theories of human development that recognize the critical role of “relationships” in mentoring. Building safe, open, and equitable relationships with students is not an easy task, yet is necessary for students to feel heard, respected, and supported. Many students experience feelings of inadequacy (imposter syndrome), vulnerability, and loneliness when they start a new academic program, and mentors must be aware of and acknowledge these psychological and emotional experiences as well as help remove such barriers to progress. As a mentor, I have an “open-door” policy, and students often take advantage of my willingness to discuss, advise, and assist in academic and non-academic areas. While many of these meetings continue to be via Zoom, my in-person availability has been increasing, and I encourage students to use whichever means of communication feels most comfortable. Building relationships with students helps them feel engaged in the educational process and feel more confident and competent in their ability to grow and learn.

### **Summary Table of Graduate Committee Activities (\*Description: Ph.D. started in 2017)**

<b>Faculty Role</b>	<b>Number of Students</b>
Chair Ph.D	3
Chair Master's	18
Member Ph.D	6
Member Master's	23
External Ph.D	6

## **TEACHING**

### **Teaching Philosophy:**

My teaching philosophy is deeply rooted in developmental constructivist learning theories that emphasize

building knowledge through active learning methods. To effectively educate and prepare both undergraduate and graduate students in prevention science, teaching and learning should be an active developmental process. Students learn best in an environment that encourages active participation (e.g., engagement and intentionality) and is appropriate to their social, cognitive, and behavioral developmental level. Through building relationships with students, teachers help them feel engaged in the educational process and realize they have a voice in their own education. I encourage this voice in the classroom through the solicitation of feedback on my teaching style, method, and content. From a developmental perspective, I strive to engage students and promote learning at the appropriate cognitive and behavioral level, assessing current skills and capabilities and designing challenging learning activities that are engaging, yet growth-promoting.

### **Educational Goals:**

1. To promote abstract reasoning, critical thinking, and problem-solving by providing the theoretical and empirical knowledge necessary for evaluative thinking. To encourage students to evaluate the efficacy of ideas and issues through group discussion and written assignments.
2. To help students learn to communicate effectively, express ideas clearly, analyze issues thoroughly, and respond thoughtfully to contemporary issues in prevention science and FYCS. This requires the mastery of both written and verbal expression and is demonstrated by the student's ability to articulate and support ideas in class discussions, oral presentations, and written assignments. This also requires the integration of research and practice by encouraging students to develop the applied skills that will make them more successful as prevention science and youth development researchers, specialists, and educators.
3. To create a safe and collaborative environment where both student and instructor/mentor can express thoughts and ideas clearly, openly, and without concern.

### **Summary of Teaching Evaluations** (past 5 years)

Course	Term	Enroll #	Req yes/no	Candidate Overall		Department Overall		College Overall	
				Instructor	Course	Instructor	Course	Instructor	Course
FYC4202	Spr22	19	no	<b>4.60</b>	<b>4.63</b>	4.59	4.38	4.43	4.22
FYC4202	Spr20	31	no	4.41	4.28	4.62	4.45	4.44	4.23
FYC4202	Spr18	34	no	4.52	4.48	4.66	4.59	4.50	4.39
FYC4212	Fall20	50	yes	4.28	4.14	4.54	4.41	4.43	4.23
FYC4212	Fall19	51	yes	3.29	3.45	4.52	4.26	4.37	4.12
FYC4212	Fall18	28	yes	<b>4.77</b>	<b>4.69</b>	4.58	4.44	4.47	4.40
FYC6207	Fall22	15	no	<b>4.82</b>	<b>4.70</b>	4.64	4.38	4.49	4.34
FYC6207	Fall21	26	no	4.62	<b>4.66</b>	4.73	4.56	4.47	4.31
FYC6207	Fall20	17	no	<b>4.82</b>	<b>4.87</b>	4.74	4.57	4.49	4.34
FYC6207	Fall19	5	no	<b>4.67</b>	<b>5.00</b>	4.39	4.30	4.44	4.32

FYC6230	Spr22	21	yes	<b>4.67</b>	<b>4.75</b>	4.54	4.37	4.44	4.28
FYC6230	Spr21	22	yes	4.56	<b>4.62</b>	4.61	4.51	4.45	4.30
FYC6230	Spr20	21	yes	4.41	<b>4.58</b>	4.64	4.52	4.51	4.38
FYC6230	Spr19	20	yes	<b>4.85</b>	<b>4.69</b>	4.48	4.37	4.48	4.40
FYC6230	Spr18	6	yes	4.50	<b>4.50</b>	4.63	4.58	4.43	4.34

<sup>a</sup> Rating Scale (Fall 2019-present): 1=Strongly Disagree, 2=Disagree, 3=Neutral, 4=Agree, 5=Strongly Agree. Rating Scale (pre-Fall 2019): 1=Poor, 2=Below Average, 3=Average, 4=Above Average, 5=Excellent

<sup>b, c</sup> The new course evaluation system populates the summary table by taking the average of the means for six questions about the instructor and the average of means for four questions about the course. The instructor and course numbers came from questions 10 and 20, respectively, in the old student course evaluation system.

<sup>d</sup> Bold indicates where values exceed departmental and college means.

## PROFESSIONAL SERVICE

### Professional Memberships

2021-present Member, American Association for the Advancement of Science

2019-present Member, Society for Prevention Research

2016-present Chair, Mental Health Topic Network, Society for the Study of Emerging Adulthood

2015-present Member, Society for the Study of Emerging Adulthood

1994-present Member, Society for Research on Adolescence

2019-2021 Member, North American Colleges and Teachers of Agriculture

1994-present Member, National Council on Family Relations

### Editorial Advisory Boards

2020-present Editorial Board Member, *Adolescents* (MDPI Open Access)

2015-present Editorial Board Member, *Adolescent Research Review* (Springer)

2007-present Editorial Board Member, *Journal of Youth and Adolescence* (Springer)