

What's Your Favorite Vegetable?

My favorite veggie: _____

Where does it fit in the Vegetable Group?

At the base? At the tip? Somewhere in the middle?

Write the name of your favorite veggie where it belongs on the Vegetable Group band.



Vegetable Group

Vary your veggies

Is YOUR favorite vegetable an "everyday" food? _____

If not, will you change how often you eat this food? _____

Why or why not? _____