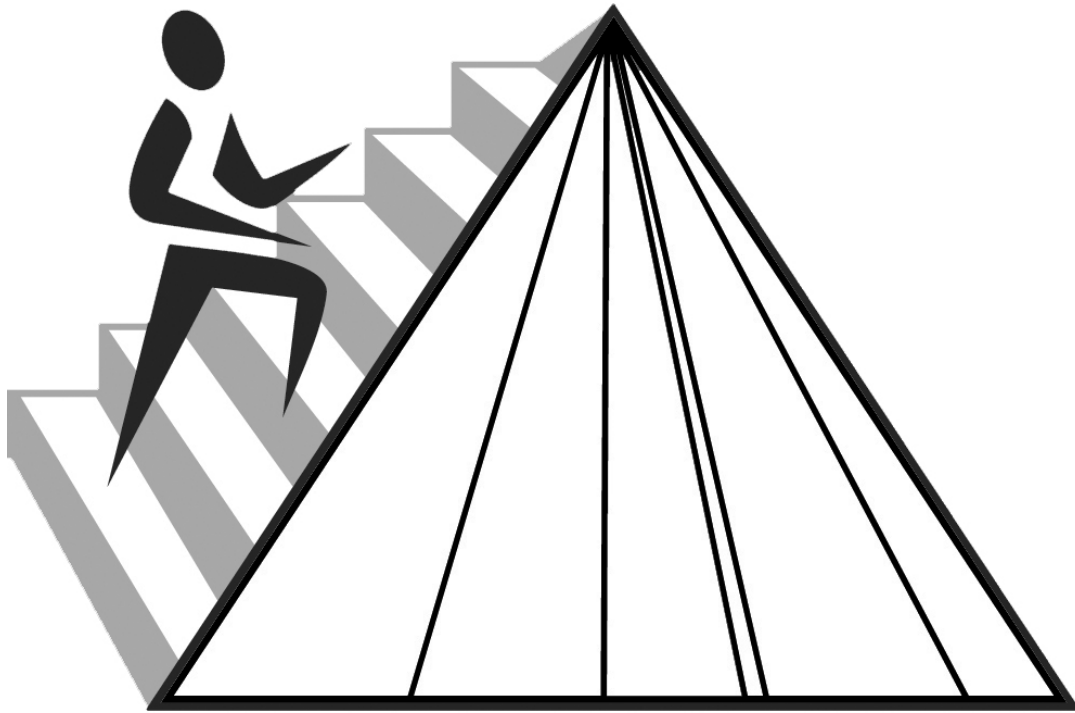


Name: _____



MyPyramid.gov

STEPS TO A HEALTHIER YOU

Color the food groups! Start at the left side of MyPyramid.

Grains:	Veggies:	Fruits:	Oils:	Milk:	Meat & Beans:
ORANGE	GREEN	RED	YELLOW	BLUE	PURPLE