

## CURRICULUM VITAE

### KARLA PAGÁN SHELNETT, PhD, RD

Department of Family, Youth & Community  
Sciences University of Florida, Gainesville

#### EDUCATION

**PhD Food Science and Human Nutrition**, Concentration: **Nutritional Sciences**, August 2003 University of Florida, Gainesville, FL  
Dissertation: *Influence of Methylenetetrahydrofolate Reductase 677C→T Polymorphism on DNA Methylation and Folate Status Response to Controlled Folate Intake in Young Women*

**MS Clinical Nutrition**, April 2000  
University of Alabama at Birmingham, Birmingham, AL  
Thesis: *Relationship Between Maternal Serum Homocysteine and B-Vitamin Concentrations and Pregnancy Outcome*

**BS Food Science and Human Nutrition (high honors)**, Concentration: **Dietetics**, August 1997 University of Florida, Gainesville, FL  
Honors Thesis: *Optimization of a Method for Determining Folate Content of a Mixed Diet*

#### PROFESSIONAL EXPERIENCE (University of Florida)

**Associate Professor and Extension Nutrition Specialist (tenured)** July 2015 - present Department of Family, Youth & Community Sciences

**Assistant Professor and Extension Nutrition Specialist** November 2008 – June 2015 Department of Family, Youth & Community Sciences

**Assistant In Elder Nutrition and Food Safety** December 2005 – November 2008 Department of Family, Youth & Community Sciences

**Biological Scientist** August 2003 – December 2005 Department of Food Science and Human Nutrition

#### TEACHING

##### **FYC 6932/4932: Longevity and Lifestyle in Ikaria, Greece: A Blue Zone Experience**

This three-credit summer A course allows students to experience the lifestyle and cuisine of Ikaria, Greece – one of five Blue Zones. As a Blue Zone the people of Ikaria live decades longer, healthier lives than average Americans. Students experience this Greek culture from the Aegean Sea through hands on cooking lessons, taste tests, and a guided tours of the production of Ikarian commodities such as, wine, honey and cheese during a one-week study abroad experience combined with on-campus learning experiences and activities. The on-campus learning experiences are designed to make students aware of how their current lifestyle impacts longevity and to help prepare students for the study abroad experience. Students have the opportunity to research different ingredients of the Ikarian cuisine and create a guide book of wild herbs and greens found on a foraging hike.

##### **FYC 6934: Special Topics: Nutrition Education and Wellness Program Planning, Development and Evaluation**

A three semester course series (Fall, Spring, Summer, 1 credit per semester) specifically

(MS-DI) program. It includes general topics (i.e., professionalism, ethics, cultural competence, etc) essential for the dietetics professional in all areas of work; an introductory experience for working as a member of the interdisciplinary team in assisting a client/family in the community with health needs; and extensive experience developing and delivering nutrition education and wellness programs for consumers as part of the Nutrition Education and Wellness concentration. In addition to class time, the class meets four hours a week to complete pre-internship activities that count toward the internship hours required to meet accreditation standards

**GRANTS RECEIVED** Total grant dollars personally responsible for = \$63,562,105

<b>Funding Period</b>	<b>Agency</b>	<b>Title</b>	<b>Total Award</b>	<b>Role</b>
2017-2023	USDA-NIFA	Homestyles	\$645,000	Co-PI
2011-2020	Florida Department of Children and Families	The Family Nutrition Program	\$61,820,609	PI
2017-2019	USDA-NIFA	Rural Health	\$318,575	Co-PI
2016-2017	FDACS	Healthy Food Environments	\$100,131	Co-PI
2015-2017	USDA-NIFA	RNECE – PSE Center	\$70,000	Co-PI
2015-2017	University of North Carolina – RNECE South	Building Faith Through Health in the Community and Online	\$40,000	PI
2015-2018	University of Miami	Healthy Caregivers Healthy Children (HCHC2) Phase II	\$67,378	Co-PI
2014-2015	Share Our Strength	Cooking Matters Implementation Grant	\$15,000	PI
2014-2016	Cornell BEN Center	Main Dish Items Served with Incorporated Vegetables and Vegetable Consumption in School Lunch Programs,	\$14,964	PI
2012-2014	FDACS	UF/IFAS and FDACS Farm to School Program	\$723,232	Co-PI
2012-2014	National Institutes of Health	Community-based Healthy-lifestyle Intervention for Rural Preschoolers (CHIRP STUDY)	\$14,283	Co-PI
2012-2013	FDACS	Team Nutrition HUSSC	\$51,508	PI

2009-2014	National 4-H Council	Health Rocks 4-H Sustainability & Statewide Institutionalization	\$51,250	Co-PI
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## AWARDS AND HONORS

- 2015 *Early Professional Award*, Society for Nutrition Education and Behavior
- 2015 *NACTA Educator Award*, National Association of Colleges and Teachers of Agriculture
- 2015 *Jack Everly Award*, National Association of Colleges and Teachers of Agriculture Journal
- 2013 *Outstanding Specialist*, Florida Extension Association of Family and Consumer Sciences
- 2013 *Roche Teaching Fellowship*, College of Agricultural and Life Sciences, University of Florida
- 2013 *New Teacher Award Nominee*, United States Department of Agriculture
- 2012 *Partnership Award for Innovative Programs*, United States Department of Agriculture
- 2012 *Top Innovator in Dietetics Education Award*, Academy of Nutrition and Dietetics
- 2012 *Teacher of the Year*, College of Agricultural and Life Sciences, University of Florida
- 2011 *Outstanding Specialist*, Florida Association of Extension 4-H Agents
- 2008 *Award of Excellence Honorable Mention for MyPyramid for Older Adults*, Nutrition Education for the Public Practice Group, American Dietetic Association

## **PROFESSIONAL AND SCHOLARLY ORGANIZATIONS**

Academy of Nutrition and Dietetics, 1996 to present  
Registered Dietitian, 863897  
Weight Management Practice Group  
Nutrition Education for the Public Practice Group

Society for Nutrition Education and Behavior, 2006 to present  
Membership Committee, 2006 to 2010  
Member, Healthy Aging Division, 2006 to 2010  
Membership Chair, Healthy Aging Division, 2008 to 2012  
Chair, Healthy Aging Division, 2010 to 2011  
Member, Food and Nutrition Extension Education Division, 2006 to present  
Membership Liaison, Food and Nutrition Extension Education Division, 2007 to 2010  
Member, Nutrition Education for Children Division, 2010 to present  
Chair, Nutrition Education for Children Division, 2011 to 2012  
Co-chair, Abstract Review Committee, 2010 – 2011  
Co-chair, Program Review Committee, 2013-2014

Florida Extension Association of Family and Consumer Sciences, 2009 to present

NC1028/NC1193 USDA Multistate Research Team  
 Chair, 2012 to 2013  
 Chair-elect, 2011 to 2012  
 Secretary, 2009 to 2010; 2015 to 2016

LGU SNAP-Ed Program Development Team, 2015 to present

## PUBLICATIONS

### Refereed Publications

Kropp JD, Abarca-Orozco SJ, Israel GD, Diehl DC, Galindo-Gonzalez S, Headrick LB, **Shelnett KP**. (In Press). A plate waste evaluation of the Farm to School Program. *J Nutr Educ Behav*. Nov 14. pii: S1499-4046(17)30954-5. doi: 10.1016/j.jneb.2017.10.005. [Epub ahead of print].

Horacek TM, Yildirim ED, Simon MB, Byrd-Bredbenner C, White AA, **Shelnett KP**, Olfert MD, Morrell J, Mathews A, Kidd, Kidd T, Kattelman K, Franzen-Castle L, Colby S, Brown O. (In Press). Development and validation of the Full Restaurant Evaluation Supporting a Healthy (FRESH) dining environment audit. *J Hunger Environ Nutr*.

Colby S, Zhou W, Sowers MF, **Shelnett K**, Olfert MD, Morrell J, Koenings M, Kidd T, Horacek TM, Greene GW, Brown O, White AA, Hoerr SL, Byrd-Bredbenner C, Kattelman KK. (In Press). College students' health behavior clusters: differences by sex. *Am J Health Behav*. Jul 1;41(4):378-389. doi: 10.5993/AJHB.41.4.2.

Sowers MF, Colby S, Greene GW, Pickett M, Franzen-Castle L, Olfert MD, **Shelnett K**, Brown O, Horacek TM, Kidd T, Kattelman KK, White AA, Zhou W, Riggsbee K, Yan W, Byrd-Bredbenner C. (2017). Survey development to assess college students' perceptions of the campus environment. *Am J Health Behav*. 41(6):701-709. doi: 10.5993/AJHB.41.6.4.

Morton C, Galindo S, Dodoo NA, Wu L, Headrick L, Fundingsland S, Auguste K, Gonzalez C, Morera M, Monaghan P, **Shelnett K**, (2017). Listening to Immokalee moms: a case analysis on applying the Stages of Change to discover health promotion directions. *Int J Pharm Healthc Mark*. 11(2): 151-164. <https://doi.org/10.1108/IJPHM-12-2016-0064>.

Messiah SE, Lebron C, Moise R, Sunil Mathew M, Sardinas K, Chang C, Palenzuela J, Walsh J, **Shelnett KP**, Spector R, Altare F, Natale R. (2017). Healthy caregivers-healthy children (HC2) phase 2: Integrating culturally sensitive childhood obesity prevention strategies into childcare center policies. *Contemp Clin Trials*. 53:60-67. doi: 10.1016/j.cct.2016.12.011.

Strome S, Johns T, Scicchitano MJ, **Shelnett K**. (2016). Elements of access. *Int Q Community Health Educ*. 37(1): 61-70. Jan 1:272684X16685252. doi: 10.1177/0272684X16685252.

Horacek TM, Dede Yildirim E, Kattelman K, Brown O, Byrd-Bredbenner C, Colby S, Greene G, Hoerr S, Kidd T, Koenings MM, Morrell J, Olfert MD, Phillips B, **Shelnett K**, White A. (2016). Path analysis of campus walkability/bikeability and college students' physical activity attitudes, behaviors, and body mass index. *Am J*

Brown O, Quick V, Colby S, Greene G, Horacek T, Hoerr S, Koenings M, Kidd T, Morrell J, Olfert M, Phillips B, **Shelnutt K**, White A, Kattelman K. (2015). Recruitment lessons learned from a tailored web-based health intervention project Y.E.A.H. (Young Adults Eating and Active for Health). *Health Education*. 115(5):470-9.

Labyak C, Daily K, Samiian L, Ward S, Wallet S, Perri M, Hoover V, Snetslaar L, **Shelnutt K**, DiGioia K, Acosta A, Young L, Mathews A. (2014). Preventing breast cancer recurrence through a tailored lifestyle intervention: The MyLIFE (My Lifestyle Intervention with Food and Exercise) Trial Rationale and Study Design. *J Clinic Trials*. 4(5):183-90.

Kattelman K, Byrd-Bredbenner C, White A, Greene G, Hoerr S, Kidd T, Colby S, Horacek T, Phillips B, Koenings M, Brown O, Olfert M, **Shelnutt KP**, Morrell J. (2014). The effects of Young Adults Eating and Active for Health (YEAH): a theory based web-delivered Intervention. *J Nutr Educ Behav*. 46(6):S27-41.

Estep CM, **Shelnutt KP**, and Roberts TG. (2014). A comparison of student and professor perceptions of teacher immediacy behavior in large agricultural classrooms. *NACTA Journal*. 58(2): 155-162.

Kattelman KK, White AA, Greene GW, Byrd-Bredbenner C, Hoerr SL, Horacek TM, Kidd T, Colby S, Phillips BW, Koenings MM, Brown ON, Olfert M, **Shelnutt KP**, and Morrell JS. (2014). Development of Young Adults Eating and Active for Health (YEAH) Internet-based intervention via a community-based participatory research model. *J Nutr Educ Behav*. 46(2):S10-S25.

Horacek TM, White AA, Byrd-Bredbenner C, Reznar MM, Olfert MD, Morrell JS, Koenings MM, Brown ON, **Shelnutt KP**, Kattelman KK, Greene GW, Colby SE, Thompson-Snyder CA. (2013). PACES: A Physical Activity Campus Environmental Supports audit on university campuses. *Am J Health Promot*. 28(4):e104-17.

Horacek TM, Erdman MB, Reznar MM, Olfert M, Brown-Esters ON, Kattelman KK, Kidd T, Koenings M, Phillips B, Quick V, **Shelnutt KP**, White AA. (2013). Evaluation of the food store environment on and near the campus of 15 postsecondary institutions. *Am J Health Promot*. 27(4):e81-90.

Janicke DM, Lim CS, Mathews AE, **Shelnutt KP**, Boggs SR, Silverstein JH, Brumbach BA. 2013 The community-based healthy-lifestyle intervention for rural preschools (CHIRP) study: design and methods. *Contemp Clin Trials*. 34(2):187-95.

Walsh JR, Hebert A, Byrd-Bredbenner C, Carey G, Colby S, Brown-Esters O, Greene G, Hoerr S, Horacek T, Kattelman K, Kidd T, Koenings M, Phillips B, **Shelnutt KP**, White AA. (2012). The development and preliminary validation of the Behavior, Environment and Changeability Survey (BECs). *J Nutr Educ Behav*. 44(6):490-9.

Szymona K, Quick V, Olfert M, **Shelnutt KP**, Kattelman KK, Esters O, Colby SM, Beaudoin C, Lubniewski J, Maia AM, Horacek T, Byrd-Bredbenner C. (2012). The university environment: a comprehensive assessment of health-related advertisements. *Health Education*. 112:497-512.

Horacek TM, White AA, Greene GW, Reznar, MM, Quick VM, Morrell JS, Colby SM, Kattelman KK, Herrick MS, **Shelnutt KP**, Mathews A, Phillips BW, Byrd-Bredbenner

post-secondary institutions. *Journal of Environmental Health*. 74(7):8-15.

**Shelnutt KP**, Bobroff LB and Diehl DC. (2009) MyPyramid for Older Adults. *J Nutr Educ Behav*. 41(4):300-2.

von Castel-Dunwoody KM, Kauwell GPA, **Shelnutt KP**, Vaughn JD, Griffin ER, Maneval DR, Theriaque DW, and Bailey LB. (2005) Transcobalamin II 776C>G polymorphism negatively affects vitamin B12 metabolism. *Am J Clin Nutr* 81(6): 1436-41.

Davis SR, Quinlivan EP, **Shelnutt KP**, Ghandour H, Capdevila A, Coats BS, Wagner C, Shane B, Selhub J, Bailey LB, Shuster JJ, Stacpoole PW, and Gregory JF. (2005) Homocysteine synthesis is elevated but total remethylation is unchanged by the methylenetetrahydrofolate reductase 677C→T polymorphism and by dietary folate restriction in young women. *J Nutr* 135(5): 1045-50.

Davis S, Quinlivan E, **Shelnutt K**, Maneval D, Ghandour, H, Capdevila, A, Coats, BS, Wagner, C, Shane, B, Selhub, J, Bailey, LB, Stacpoole, PW, and Gregory, JF. (2005) The methylenetetrahydrofolate reductase 677C->T polymorphism and dietary folate restriction affect plasma one-carbon metabolites and red blood cell folate concentrations and distribution in women. *J Nutr* 135(5): 1040-4.

Quinlivan EP, Davis SR, **Shelnutt KP**, Henderson GN, Ghandour H, Shane B, Selhub J, Bailey LB, Stacpoole PW, and Gregory JF. (2005) Methylenetetrahydrofolate reductase 677C□T Polymorphism and folate status affect one-carbon incorporation into human DNA deoxynucleosides. *J Nutr* 135(3): 389-96.

Vaughn JD, Bailey LB, **Shelnutt KP**, von Castel-Dunwoody KM, Maneval DR, Davis SR, Quinlivan EP, Gregory JF, Theriaque DW, and Kauwell GPA. (2004) Methionine synthase reductase 66A□G polymorphism is associated with increased plasma homocysteine concentration when combined with the homozygous methylenetetrahydrofolate reductase 677C□T variant. *J Nutr* 134(11): 2985-90.

**Shelnutt KP**, Kauwell GPA, Gregory III JF, Maneval DR, Quinlivan EP, Theriaque DW, Henderson GN, and Bailey LB. (2004) Methylenetetrahydrofolate reductase 677C□T polymorphism affects DNA methylation in response to controlled folate intake in young women. *J Nutr Biochem* 15(9): 554-60.

**Shelnutt KP**, Kauwell GPA, Chapman C, Gregory III JF, Maneval DR, Browdy AA, Theriaque DW, and Bailey LB. (2003) Folate status response to controlled folate intake is affected by methylenetetrahydrofolate reductase 677C□T polymorphism in young women. *J Nutr* 133(12): 4107-11.

**Pagán K**, Hou J, Goldenberg RL, Cliver S, and Tamura T. (2002) Mid-pregnancy serum homocysteine and B-vitamin concentrations and fetal growth. *Nutr Res* 22(10): 1133-41.

**Pagán K**, Hou J, Goldenberg RL, Cliver S, and Tamura T. (2001) Effect of smoking on serum concentrations of total homocysteine and B vitamins in mid-pregnancy. *Clin Chim Acta* 306(1-2): 103-9.

corner store intervention. *J Nutr Ed Behav.* 49(7):S11-S12.

Auguste K, Garcia E, Headrick L, and **Shelnutt K.** (2017). PSE approaches to expand reach in SNAP-Ed programming. *J Nutr Ed Behav.* 49(7):S96.

Almudaihimi A, Mathews A, Vilaro M, Gordon S, and **Shelnutt K.** (2017). Associations between variables of the home food environment and fruit and vegetable intake in college students. *J Nutr Ed Behav.* 49(7):S30-S31.

Walsh J, DeVries-Navarro D, and **Shelnutt K.** (2017). Food security and food resource management of Haitian EFNEP participants. *J Nutr Ed Behav.* 49(7):S55-S56.

Headrick L, Johns T, Scicchitano M, and **Shelnutt K.** (2017). Using a customer intercept survey at a mobile farmers market to evaluate consumer behaviors and perceptions. *J Nutr Ed Behav.* 49(7):S81.

Austin S, Owens N, Garcia E, Headrick L, and **Shelnutt K.** (2017). Using GIS mapping to pinpoint and plan nutrition education sites. *J Nutr Ed Behav.* 49(7):S89.

Wattick RA, Barr M, Hagedorn RL, **Shelnutt K,** Mathews A, Colby SE, and Olfert MD. (2017). Appalachian young adults food security and tobacco use. *J Nutr Ed Behav.* 49(7):S30.

Colby S, Mathews A, Olfert M, Kattelman K, Kidd T, White A, Horacek T, et al. (2017). A social marketing and environmental change intervention: Get Fruved Years 01-03. *J Nutr Ed Behav.* 49(7):S112-S113.

Austin S, Auguste K, Nunez M, Negron G, Headrick L, and **Shelnutt KP.** (2016). The hook for recruiting nutrition series based programming: one-time encounters. *J Nutr Ed Behav.* 47(4):S18-S19.

Carlton D, **Shelnutt KP,** Dunn C, Coker C, Kauwell G, Sokolow A, Knutson M, and Coffey R. (2016). Folate and iron status do not differ between women of childbearing age following gluten-free and conventional diets. *J Nutr Ed Behav.* 48(7):S40.

Coker C, **Shelnutt K,** Headrick L, Sari H, and Hart C. (2016). Youth Understanding MyPlate improves behaviors of elementary school students. *J Nutr Ed Behav.* 48(7):S22-S23.

Dunn C, **Shelnutt K,** Karavolias J, House L, and Mathew A. (2016). Better bundled: Combined vegetable side and main items increase vegetable consumption among elementary and middle school students. *J Nutr Ed Behav.* 48(7):S15.

Franck K and **Shelnutt K.** (2016). A Delphi Study to identify barriers, facilitators and training needs for policies, systems and environmental interventions in nutrition education programs. *J Nutr Ed Behav.* 48(7):S45.

White J, Olfert M, Brown O, Colby S, Horacek T, Kattelman K, Kidd T, **Shelnutt K,** et al. (2016). Campus environment perceptions impact fruit and vegetable intake and vigorous physical activity in college students. *J Nutr Ed Behav.* 48(7):S104-S105.

Carlton D, Dunn C, and **Shelnutt KP.** (2015). Understanding why women of childbearing

*Behav.* 47(4):S71.

Coker C, Dunn C, and **Shelnutt KP**. (2015). A comparison of the nutrient content between gluten-free foods to matched gluten-containing products. *J Nutr Ed Behav.* 47(4):S71.

Dunn C, **Shelnutt KP**, and Carlton D. (2015). Macronutrient and micronutrient intake among women of childbearing age following a gluten-free diet. *J Nutr Ed Behav.* 47(4):S89-S90.

Mullin M, Yildirim E, Kelly E, Brown O, Byrd-Bredbenner C, Franzen-Castle L, Greene G, Kattelman K, Kidd T, Morrell J, Olfert M, Riggsbee K, **Shelnutt K**, White A, and Horacek T. (2015). A simple convenience store SHELF (Supportive Healthy Environment for Life-promoting Food) Audit. *J Nutr Ed Behav.* 47(4):S49.

**Shelnutt KP**. (2015). Determining the need for a food pantry on a university campus. *J Nutr Ed Behav.* 47(4):S55.

Walsh J, **Shelnutt KP**, Johns T, Scicchitano M, and Waite B. (2015). Assessing the feasibility of a mobile fresh food market. *J Nutr Ed Behav.* 47(4):S56.

Kattelman K, White A, Greene G, Byrd-Bredbenner C, Koenings M, Horacek T, Hoerr S, Kidd T, Phillips B, Colby S, Brown O, **Shelnutt KP**, Olfert M, Stabile-Morrell J. (2014). Project Y.E.A.H.: Development of a web-based intervention guided by the PRECEDE-PROCEED model for preventing excess weight gain in young adults. *J Nutr Educ Behav.* 46(4):S194.

Dunn CG<sup>g</sup>, House L, and **Shelnutt KP**. (2014). Consumer perceptions of gluten-free products and the healthfulness of gluten-free diets. *J Nutr Educ Behav.* 46(4):S185-85.

Dunn CG<sup>g</sup>, Myers B, Diehl D, and **Shelnutt KP**. (2014). The impact of supplemental recorded lectures on student satisfaction, attendance, and performance. *NACTA Journal.*

Headrick L, Freer T, Galindo S, Israel G, Prizzia A, Treadwell D, and **Shelnutt K**. (2013). Florida Farm to School Partnership – Statewide program planning workshop. *J Nutr Ed Behav.* 45(4S):S26.

Ruppert M, Colby S, **Shelnutt K**, Greene G, Brown O, Franzen-Castle L, and Kidd T. (2013). Cognitive interviewing in survey development. *J Nutr Ed Behav.* 45(4S):S73.

Fung W\*, Fogarty K, Janicke D, and **Shelnutt KP**. (2013). Development of a scale to measure diet-related self-efficacy and autonomy of children and adolescents. *J Nutr Ed Behav.* 45(4S):S75.

Kattelman K, White A, Greene G, Byrd-Bredbenner C, Nitzke S, Horacek T, Hoerr S, Kidd T, Phillips B, Colby S, Brown O, **Shelnutt K**, Olfert M, and Morrell J. (2013). Development of a randomized trial guided by the process of PRECEDE-PROCEED for the prevention of excessive weight gain in communities of young adults. *J Nutr Ed Behav.* 45(4S):S92.

Byer C, White A, Byrd-Bredbenner C, Greene G, Koenings M, Horacek T, Hoerr S, Phillips B, Colby S, Brown O, Morrell J, Kidd T, Olfert M, **Shelnutt KP**, and Kattelman



increasing fruit and vegetable intake. *J Nutr Ed Behav.* 45(4S):S69.

Walsh J, Byrd-Bredbenner C, Kattelman K, Colby S, Greene G, Hoerr S, White A, Morrell J, Horacek T, Brown-Esters O, Kidd T, Koenings M, Phillips B, **Shelnutt KP**, and Olfert M. (2013). Examining differences in anthropometric measures and dietary intake of young adults attending college or vocational programs. *J Nutr Ed Behav.* 45(4S):S57-S58.

**Shelnutt KP**, Fields K, and Mathews A. (2012) Are young adults aware of their health risks? Evaluating the differences between perceived versus measured body mass index, body fat percent and health risk category of university students. *J Nutr Educ Behav.* 44(4):S42.

Bartholomew B, Mathews A, and **Shelnutt KP**. (2012) Is body mass index an accurate measure of adiposity in young adults? *J Nutr Educ Behav.* 44(4):S42-S43.

**Shelnutt KP**, Estep C, and Roberts G. (2012) A comparison of student and professor perceptions of teacher immediacy behavior use in the classroom. *NACTA Journal.* 56(1):33.

Horacek, T.M., Olfert, M., Byrd-Bredbenner, C., Carey, G., Colby, S., Greene, G., Hoerr, S., Kattelman, K., Kidd, T., Koenings, M., Brown-Esters, O., **Shelnutt, K.** and White, A. (2012) Environmental supports for physical activity and healthy snacking vary across campus. *J Acad Nutr Dietet.* 112:A-62.

Kattelman, K.K., White, A., Greene, G., Byrd-Bredbenner, C., Koenings, M., Horacek, T., Hoerr, S., Kidd, T., Phillips, B., Colby, S., Brown-Esters, O., **Shelnutt KP**, Olfert, M., and Morrell, J.S. (2012) Project Y.E.A.H: Development of a web-based intervention guided by the Precede-Proceed Model for preventing excess weight gain in young adults. *J Nutr Educ Behav.* 44:S94-95.

Horacek TM, Olfert M, Byrd-Bredbenner C, Garey G, Colby S, Greene G, Hoerr S, Kattelman K, Kidd T, Koenings M, Brown-Esters O, **Shelnutt K**, White A. Environmental Supports for Physical Activity and Healthy Snacking Vary across Campus. *J Acad Nutr Diet.*2012. 112(9), A-62.

Kattelman K, Mortinsen K, Philips B, **Shelnutt K**, Greene G, Olfert M, Esters O, Nitzke S, Horacek T, Quick V, White A, Hoerr S, Kidd T, Colby S, and Morrell J. (2011) Tailoring a management access system for use by campus coordinators in 14 states for a web-based nutrition intervention. *J Nutr Educ Behav* 43(4S):S33-S34.

Horacek T, Szklany K, White A, Walsh J, Erdman M, Byrd-Bredbenner C, Brown-Esters O, **Shelnutt KP**, Morrell J, Kattelman K, Koenings M, and Olfert M. (2011) Development and testing of a healthy campus environmental audit and the LEAN Index. *J Nutr Educ Behav.* 43(4S1):S22.

Mortinsen K, Kattelman K, White A, Quick V, Nitzke S, Greene GW, Horacek T, Hoerr SL, Phillips BW, Colby S, Brown-Esters O, Olfert M, Kidd T, **Shelnutt KP**, and Morrell J. (2011) Tailoring a management access system for use by campus coordinators in 14 states for a web-based nutrition intervention. *J Nutr Educ Behav.* 43(4S1):S33.

Walsh JR, Byrd-Bredbenner C, Esters O, Greene G, Hoerr S, Kattelman K, Morrell J, Nitzke S, Phillips B, **Shelnutt KP**, and White AA. (2010) Eating behavior and perceptions of young adults in two stages of readiness to eat fruits and vegetables. *J Nutr Educ Behav*. 42(4S):S106.

Horacek T, Phillips B, Herrick M, White A, Person A, Greene G, Quick V, Kattelman K, **Shelnutt K**, Morell J. (2010). Obesity prevention: an assessment and comparison of 14 campuses' walk ability and bike-ability. *J Am Dietetic Assoc*. 110:A89.

**Shelnutt KP** and Kauwell GPA. (2010) Graduate course gives dietetic interns Extension experience and meets accreditation requirements. *J Nutr Educ Behav* 42(4S):S107-S108.

Walsh J, Byrd-Bredbenner C, Esters O, Greene G, Hoerr S, Kattelman K, Morrell J, Nitzke S, Philips B, **Shelnutt K**, and White A. (2010) Eating behavior and perceptions of young adults in two stages of readiness to eat fruits and vegetables. *J Nutr Educ Behav* 42(4S):S105-S106.

**Shelnutt KP**, Diehl DC, Byrne E, and Bobroff LB. (2009) ENAFS diabetes module increases diabetes knowledge of older adults. *J Nutr Educ Behav* 41(4S):S6.

**Shelnutt KP**, Bobroff LB, and Diehl DC. (2008) Evaluation of MyPyramid for Older Adults. *J Nutr Educ Behav* 40(4S):S72-S73.

Bobroff LB, **Shelnutt KP**, & Hillan J. (2007) Development of “MyPyramid for Older Adults” – An Adaptation of USDA’s Food Guidance System.” *J Nutr Educ Behav*. 39(4S): S103.

Vaughn J, Bailey LB, von Castel-Dunwoody KM, **Shelnutt KP**, Maneval DR, Davis SR, Quinlivan EP, Gregory JF, Kauwell GPA. (2004) Combined influence of the methionine synthase reductase 66A□G/ methylenetetrahydrofolate reductase 677C□T polymorphisms, vitamin B12 and folate status on plasma homocysteine in young women. *FASEB J*. 18(5): A172.

**Shelnutt KP**, Kauwell GPA, Gregory III JF, Maneval D, Theriaque DW, Browdy AL, and Bailey LB. (2003) Methylenetetrahydrofolate reductase (MTHFR) polymorphism (C677T) negatively affects folate status response to controlled folate intake in young women. *FASEB J*. 17(5): A3912.

Chapman C, Bailey LB, Gregory JF, Maneval D, Theriaque D, **Pagán K**, and Kauwell GPA. (2002) Effect of methylenetetrahydrofolate reductase (MTHFR) polymorphism on folate status response to controlled folate intake in nonpregnant women. *FASEB J*. 16(4): A268.

**Pagán K**, Tamura T, Goldenberg RL, Hou J, and Cliver S. (2000) Maternal serum homocysteine (hcy) and B vitamin levels and fetal growth. *FASEB J*. 14(4): A202.

## Extension curricula

**Shelnutt KP**, Kauwell GPA, Barad A, Bracey C, Cartledge A, Gemmill K, Misner N, and Yavelow M. (2016). Culinary Medicine Curriculum. Three lessons are currently being developed in order to bring the total number of lessons to nine for this curriculum.

modules were created to educate medical students about nutrition-related topics and associated culinary applications. Module topics include the 2015-2020 Dietary Guidelines for Americans, the Mediterranean-style eating pattern, vegetarian eating patterns, food allergies, gluten-free diets, and maintaining a healthy blood pressure. Each module includes a literature review, an interactive PowerPoint presentation, a tip sheet for patients, two recipes that highlight messages related to the module, and a script for instructor use when conducting the culinary portion of the lesson.

**Shelnutt KP**, Kauwell GPA, Bledsoe A, Counts K, Keesling M, and Seckar J. (2015) Youth Understanding MyPlate – handwashing. YUM is a six lesson curriculum designed to teach elementary school children the basic messages of *MyPlate* through experiential learning activities that reinforce the concepts in the lesson. Four students in this class added handwashing lessons for 2<sup>nd</sup> through 5<sup>th</sup> grade to the existing YUM curriculum in the fall semester.

**Shelnutt KP**, Kauwell GPA, Brown M, Caruso L, Clark K, Dati A, Schapsis I, and Ward S. (2014) Youth Understanding MyPlate – 4<sup>th</sup> and 5<sup>th</sup> grade. YUM is a six lesson curriculum designed to teach elementary school children the basic messages of *MyPlate* through experiential learning activities that reinforce the concepts in the lesson. This class added lessons for 4<sup>th</sup> and 5<sup>th</sup> grades to the existing YUM curriculum.

**Shelnutt KP**, Kauwell GPA, Bennett K, Denhard M, Hamm A, Norris J, Persaud E, and Stodtko T. (2013) Youth Understanding MyPlate – Expanded. YUM is a six lesson curriculum designed to teach elementary school children the basic messages of *MyPlate* through experiential learning activities that reinforce the concepts in the lesson. This class added lessons for 2<sup>nd</sup> and 3<sup>rd</sup> grade to the existing YUM curriculum.

Shelnutt KP, Kauwell GPA, Beatty J, Bub E, Glenny S, Holzinger J, and Myer S. (2012) *Youth Understanding MyPlate – Exploration Edition*. Six lessons focusing on the consumer messages of MyPlate, including health lessons and food science experiments that tie in a nutrition message for middle school students.

Shelnutt KP, Kauwell GPA, Harris P, Headrick L, Kendall A, Rowe C, and Zitt M. (2011) *Youth Understanding MyPlate*. Six lessons focusing on the MyPlate food icon and the five food groups for children in prekindergarten to second grades.

Shelnutt KP, Kauwell GPA, Clinton R, Chan L, Kalley L, Martinez J, Paredes A, and Stolarz J. (2010) *Get Healthy Together*. Fifteen lessons designed to increase nutrition and physical activity knowledge of 7-10 year old and their caregivers using experiential activities, active games, and healthy snacks.

Shelnutt KP. (2008) *ENAFS Healthy Living Program Module 4*. Five lesson plans and consumer education materials on hypertension designed for congregate nutrition sites.

Shelnutt KP. (2007) *ENAFS Healthy Living Program Module 1*. Five lesson plans and consumer education materials on the unique nutritional needs of older adults designed for congregate nutrition sites.

Shelnutt KP. (2006) *ENAFS Healthy Living Program Module 3*. Nine lesson plans and consumer education materials on diabetes designed for congregate nutrition sites.

## Extension publications

publications are part of the University's Extension Digital Information Source database.

Ward S, Headrick LB, and **Shelnett KP**. (2014) Facts about Farm to School. FCS3320. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY145000.pdf>.

Caruso L, **Shelnett KP**, and Kauwell GPA. (2014) Hydration myths. FCS80036. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY140900.pdf>.

Bennett K, **Shelnett KP**, and Kauwell GPA. (2014) Raising healthy children: Age four. 4 pages. FCS2348. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY139800.pdf>

Baugh EJ, Dunn CG<sup>§</sup>, and **Shelnett KP**. (2013). Improving your body image: tips for individuals, families, and professionals. 3 pages. FCS2253. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY85400.pdf>.

Stodtko T, Shelnett KP, and Kauwell GPA. (2013). Raising healthy children: Promoting a positive feeding experience. 3 pages. FCS347. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY139700.pdf>

Hamm A, Shelnett KP, and Kauwell GPA. (2013). Choose MyPlate: Enjoy your food but eat less. 4 pages. FCS80031. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY140000.pdf>.

Persaud E, Simonne A, and Shelnett KP. (2013). Home gardening food safety: Washing the fruits (and vegetables) of your labor properly. 4 pages. FCS0032. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY140100.pdf>.

Beatty J, Shelnett KP, and Kauwell GPA. (2013). A consumer's guide to eggs. 4 pages. FCS80024. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY135700.pdf>.

Bennett K, Shelnett KP, and Kauwell GPA. (2013). Raising healthy children: Shellfish allergies. 4 pages. FCS 80033. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY140200.pdf>.

Norris J, Shelnett KP, and Kauwell GPA. (2013). Understanding the new school meal standards. 6 pages. FCS80030. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY139600.pdf>.

Hamm A, Shelnett KP, and Kauwell GPA. (2013). Choose MyPlate: Reduce your sodium. 4 pages. FCS 80027. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY136000.pdf>.

Meyer S, Shelnett KP, and Kauwell GPA. (2013). Understanding gluten sensitivity and celiac disease. 4 pages. FCS80028. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY136900.pdf>.

Schmidt A, Shelnett KP, and Kauwell GPA. (2013). Bottle feeding your baby. 5 pages. FCS80026. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY135900.pdf>.

Beatty J, Shelnett KP, and Kauwell GPA. (2013). Choose MyPlate: Drink water instead of sugary drinks. 3 pages. FCS80025. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY135800.pdf>.

Meyer S, Shelnett KP, and Kauwell GPA. (2013). Raising healthy children: Health risks of obesity. 4 pages. FCS80023. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY135600.pdf>.

<http://edis.ifas.ufl.edu/pdffiles/FY/FY134800.pdf>.

Bub E, Shelnett KP, and Kauwell GPA. (2013). Abdominal obesity. 4 pages. FCS80021. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY134700.pdf>.

Schmidt A, Shelnett KP, and Kauwell GPA. (2013). Raising healthy children: Packing a peanut-free lunch. 5 pages. FCS80019. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY134500.pdf>.

Holzinger J, Shelnett KP, and Kauwell GPA. (2013). Raising healthy children: Milk and egg allergies. 5 pages. FCS80020. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY134600.pdf>.

Shelnett KP. (2012) Healthy eating: Finding good health. 1 page. FCS80010. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY130600.pdf>. Also available in Spanish: Alimentación saludable: Buscando buena salud.

Bub E and Shelnett KP. (2012) Facts about energy drinks. 4 pages. FC80017. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY132400.pdf>.

Harris-Swiatko PG, Shelnett KP, and Simonne A. (2012) Perfect meals with pressure cooking. FCS8995. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY127000.pdf>.

Headrick L, Shelnett KP, and Kauwell GPK. (2012) Raising healthy children: Food allergies. 4 pages. FCS8997. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY128200.pdf>.

Holzinger J and Shelnett KP. (2012) MyPlate foods to increase: Whole grains. 3 pages. FCS80005. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY129700.pdf>.

Kendall A, Shelnett KP, and Kauwell GPK. (2012) Feeding your preschooler: Helping in the kitchen. 2 pages. FCS8992. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY125900.pdf>.

Rowe C, Shelnett KP, and Kauwell GPK. (2012) The benefits of breastfeeding. 5 pages. FCS8994. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY126900.pdf>.

Zitt M, Shelnett KP, and Kauwell GPK. (2012) Autism spectrum disorder and diet. FCS8991. 4 pages. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY125800.pdf>.

Zitt M, Schmidt R, and Shelnett KP. (2012) Raw Milk: Fact or Fiction. 5 pages. FCS80004. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY129500.pdf>.

Gaisser C and Shelnett KP. (2011) Portion control: A key to weight management. 5 pages. FCS8937. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY121900.pdf>.

Harris P and Shelnett KP. (2011) Gloriously good whole grains. 3 pages. FCS8940. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY122200.pdf>.

Headrick L and Shelnett KP. (2011) The skinny on low-fat and fat-free milk and milk products. 5 pages. FCS8938. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY122000.pdf>.

Zitt M and Shelnett KP. (2011). Sports nutrition for teens. 5 pages. FCS8939. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY122100.pdf>

FCS8888. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY113900.pdf>. Also available in Spanish: Criando niños saludables: Un año.

Stolarz JC and Shelnett KP. (2010) Raising healthy children: Age Two. 4 pages. FCS8889. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY114000.pdf>. Also available in Spanish: Criando niños saludables: Dos años.

Clinton RA and Shelnett KP. (2010) Raising healthy children: Age Three. 3 pages. FCS8890. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY114100.pdf>.

Clinton RA and Shelnett KP. (2010) Raising healthy children: Go, slow, whoa. 6 pages. FCS8921. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119100.pdf>.

Stolarz JC and Shelnett KP. (2010) Raising healthy children: Active families. 5 pages. FCS8922. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119200.pdf>. Also available in Spanish: Criando niños saludables: Familias activas.

Chan LD and Shelnett KP. (2010) Raising healthy children: Family fitness. 3 pages. FCS8892. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY114300.pdf>. Also available in Spanish: Criando niños saludables: Estado físico de la familia.

Paredes AZ and Shelnett KP. (2010) Raising healthy children: The importance of family meals. 3 pages. FCS8925. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119500.pdf>.

Martinez JM and Shelnett KP. (2010) Raising healthy children: Introducing new foods to your preschooler. 3 pages. FCS8891. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY114200.pdf>.

Chan LD and Shelnett KP. (2010) Raising healthy children: BMI charts. 5 pages. FCS8923. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119300.pdf>.

Clinton RA and Shelnett KP. (2010) Raising healthy children: Begin with breakfast. 4 pages. FCS8901. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY115300.pdf>. Also available in Spanish: Comience con el desayuno.

Martinez JM and Shelnett KP. (2010) Raising healthy children: Frugal shopping tips for families. 4 pages. FCS8924. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119400.pdf>.

Martinez JM and Shelnett KP. (2010) Raising healthy children: The role of snacking. 4 pages. FCS8902. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY115400.pdf>. Also available in Spanish: Criando niños saludables: La función de merender.

Chan LD and Shelnett KP. (2010) The messages of MyPyramid. 4 pages. FCS8904. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY115600.pdf>.

Peñuela C and Shelnett KP. (2010) MyPyramid message: Proportionality. 2 pages. FCS8929. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119900.pdf>. Also available in Spanish: Mensaje sobre MiPirámide: Proporcionalidad.

Peñuela C and Shelnett KP. (2010) MyPyramid message: Moderation. 2 pages. FCS8928. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119800.pdf>. Also available in Spanish: Mensaje sobre MiPirámide: Moderación.

- Stolarz JC and Shelnutt KP. (2010) Fruits and vegetables. 4 pages. FCS8926. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119600.pdf>.
- Paredes AZ and Shelnutt KP. (2010) Make eating out a healthier experience. 4 pages. FCS8900. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY115200.pdf>.
- Kalley LM and Shelnutt KP. (2010) Facts about HFCS-High Fructose Corn Syrup. 2 pages. FCS8903. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY115500.pdf>.
- Kalley LM and Shelnutt KP. (2010) Facts about bottled water. 3 pages. FCS8887. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY113800.pdf>.
- Minton EA, Shelnutt KP, and Forthun L. (2010) Managing food-related family disagreements. 3 pages. FCS8920. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY119000.pdf>.
- Weyenberg V and Shelnutt KP. (2010) Healthy living: Change your lifestyle word scramble. 1 page. FCS8894. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY114500.pdf>. Also available in Spanish: Vida saludable: Juego de letras para cambiar su estilo de vida.
- Shelnutt KP. (2010) Food safety basics at home. 1 page. FCS8906. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY116100.pdf>. Also available in Spanish: Seguridad alimentaria básica en el hogar.
- Shelnutt KP. (2009) Healthy living: Monitoring your blood pressure at home. 2 pages. FCS8882. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY112600.pdf>. Also available in Spanish: Vida saludable: Monitoreando la presión alta desde la casa.
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- Weyenberg V, Shelnutt KP, and Bobroff LB. (2009) Healthy eating: Lowering your blood pressure with DASH. 2 pages. FCS8884. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY112800.pdf>. Also available in Spanish: Alimentación saludable: baje su presión arterial con DASH.
- Shelnutt KP. (2009) Healthy living: Changing your lifestyle to change your pressure. 2 pages. FCS1129. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY112900.pdf>. Also available in Spanish: Cambiando su estilo de vida para mejorar su presión arterial.
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- Shelnutt KP. (2008) Healthy living: Dietary supplement labels word search. 1 page. FCS8854. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY103500.pdf>. Also available in Spanish: Vida saludable: Etiquetas de suplementos dietéticos.
- Bobroff LB, Shelnutt KP and Wittkowsky P. (2006) Healthy living: Diabetes. 3 pages. FCS8574. EDIS: <http://edis.ifas.ufl.edu/pdffiles/FY/FY07800.pdf>. Also available in Spanish: Vida saludable: Diabetes.

**PROFESSIONAL PRESENTATIONS****International Oral Presentation**

**Shelnett KP.** The role of folate for a healthy pregnancy at Sokoine University of Agriculture in Morogoro, Tanzania as part of the iAGRI program. 2014.

**National Conferences – Contributed Posters or Oral Presentations**

Berthomieux V, Owens N, and **Shelnett K.** (2017). Examining the need for a healthy corner store intervention at the Society for Nutrition Education and Behavior 50<sup>th</sup> annual conference, Washington, DC. Vanessa presented the poster.

Auguste K, Garcia E, Headrick L, and **Shelnett K.** (2017). PSE approaches to expand reach in SNAP-Ed programming at the Society for Nutrition Education and Behavior 50<sup>th</sup> annual conference, Washington, DC. Kendra presented the poster.

Almudaihim A, Mathews A, Vilaro M, Gordon S, and **Shelnett K.** (2017). Associations between variables of the home food environment and fruit and vegetable intake in college students at the Society for Nutrition Education and Behavior 50<sup>th</sup> annual conference, Washington, DC. Abeer presented the poster.

Walsh J, DeVries-Navarro D, and **Shelnett K.** (2017). Food security and food resource management of Haitian EFNEP participants at the Society for Nutrition Education and Behavior 50<sup>th</sup> annual conference, Washington, DC. Jennifer presented the poster.

Headrick L, Johns T, Scicchitano M, and **Shelnett K.** (2017). Using a customer intercept survey at a mobile farmers market to evaluate consumer behaviors and perceptions at the Society for Nutrition Education and Behavior 50<sup>th</sup> annual conference, Washington, DC. Lauren presented the poster.

Austin S, Owens N, Garcia E, Headrick L, and **Shelnett K.** (2017). Using GIS mapping to pinpoint and plan nutrition education sites at the Society for Nutrition Education and Behavior 50<sup>th</sup> annual conference, Washington, DC. Sharon presented the poster.

Wattick RA, Barr M, Hagedorn RL, **Shelnett K,** Mathews A, Colby SE, and Olfert MD. (2017). Appalachian young adults food security and tobacco use at the Society for Nutrition Education and Behavior 50<sup>th</sup> annual conference, Washington, DC. Rashel presented the poster.

Colby S, Mathews A, Olfert M, Kattelman K, Kidd T, White A, Horacek T, et al. (2017). A social marketing and environmental change intervention: Get Fruved Years 01-03 at the Society for Nutrition Education and Behavior 50<sup>th</sup> annual conference, Washington, DC. Sarah presented the poster.

Austin S, Auguste K, Nunez M, Negron G, Headrick L, and **Shelnett KP.** (2016). The hook for recruiting nutrition series based programming: one-time encounters at the Society for Nutrition Education and Behavior 49<sup>th</sup> annual conference, San Diego, CA. Sharon presented the poster.

Carlton D, **Shelnett KP,** Dunn C, Coker C, Kauwell G, Sokolow A, Knutson M, and Coffey R. (2016). Folate and iron status do not differ between women of childbearing age



Behavior 49<sup>th</sup> annual conference, San Diego, CA. Drew presented the poster.

Coker C, **Shelnutt K**, Headrick L, Sari H, and Hart C. (2016). Youth Understanding MyPlate improves behaviors of elementary school students at the Society for Nutrition Education and Behavior 49<sup>th</sup> annual conference, San Diego, CA. Cora presented the poster.

Dunn C, **Shelnutt K**, Karavolias J, House L, and Mathew A. (2016). Better bundled: Combined vegetable side and main items increase vegetable consumption among elementary and middle school students at the Society for Nutrition Education and Behavior 49<sup>th</sup> annual conference, San Diego, CA. Caroline presented the poster.

Franck K and **Shelnutt K**. (2016). A Delphi Study to identify barriers, facilitators and training needs for policies, systems and environmental interventions in nutrition education programs at the Society for Nutrition Education and Behavior 49<sup>th</sup> annual conference, San Diego, CA. Karen presented the poster.

White J, Olfert M, Brown O, Colby S, Horacek T, Kattelman K, Kidd T, **Shelnutt K**, et al. (2016). Campus environment perceptions impact fruit and vegetable intake and vigorous physical activity in college students at the Society for Nutrition Education and Behavior 49<sup>th</sup> annual conference, San Diego, CA. Jade presented the poster.

Carlton D, Dunn C, and **Shelnutt KP**. (2015). Understanding why women of childbearing age follow a gluten-free diet and determining where they get their information at the Society for Nutrition Education and Behavior 48<sup>th</sup> annual conference, Pittsburgh, PA.

Coker C, Dunn C, and **Shelnutt KP**. (2015). A comparison of the nutrient content between gluten-free foods to matched gluten-containing products at the Society for Nutrition Education and Behavior 48<sup>th</sup> annual conference, Pittsburgh, PA.

Dunn C, **Shelnutt KP**, and Carlton D. (2015). Macronutrient and micronutrient intake among women of childbearing age following a gluten-free diet at the Society for Nutrition Education and Behavior 48<sup>th</sup> annual conference, Pittsburgh, PA.

Mullin M, Yildirim E, Kelly E, Brown O, Byrd-Bredbenner C, Franzen-Castle L, Greene G, Kattelman K, Kidd T, Morrell J, Olfert M, Riggsbee K, **Shelnutt K**, White A, and Horacek T. (2015). A simple convenience store SHELF (Supportive Healthy Environment for Life-promoting Food) Audit at the Society for Nutrition Education and Behavior 48<sup>th</sup> annual conference, Pittsburgh, PA.

**Shelnutt KP**. (2015). Determining the need for a food pantry on a university campus at the Society for Nutrition Education and Behavior 48<sup>th</sup> annual conference, Pittsburgh, PA.

Walsh J, **Shelnutt KP**, Johns T, Scicchitano M, and Waite B. (2015). Assessing the feasibility of a mobile fresh food market at the Society for Nutrition Education and Behavior 48<sup>th</sup> annual conference, Pittsburgh, PA. Jennifer presented the poster.

Dunn CG, Myers B, Diehl D, and **Shelnutt KP**. The impact of supplemental recorded lectures on student satisfaction, attendance, and performance at the North American Colleges and Teachers of Agriculture (NACTA) annual conference, Bozeman, MT, 2014.

Dunn CG, House L, and **Shelnutt KP**. Consumer perceptions of gluten-free products and the healthfulness of gluten-free diets at the Society for Nutrition Education and Behavior

Hormel C, **Shelnutt K**, Chapman-Novakofski K, Chipman H, and Townsend M. Listening session on national nutrition education standards at the Society for Nutrition Education 46<sup>th</sup> annual conference, Portland, OR, 2013.

**Shelnutt KP**, Snyder S, Mathews A, and Bartholomew B. Body adiposity index is a better measure of adiposity than body mass index in young adult non-athletes at the 29<sup>th</sup> annual SCAN symposium, Chicago, IL, 2013.

**Shelnutt KP**, Estep C, and Roberts G. A comparison of student and professor perceptions of teacher immediacy behavior use in the classroom at the North American Colleges and Teachers in Agriculture (NACTA) annual conference oral presentation, River Falls, WI, 2012.

**Shelnutt KP**, Fields K, and Mathews A. Are young adults aware of their health risks? Evaluating the differences between perceived versus measured body mass index, body fat percent and health risk category of university students at the Society for Nutrition Education 45<sup>th</sup> annual conference poster presentation, Washington, DC, 2012.

Kauwell GPA and **Shelnutt KP**. Dietetic interns build skill in curriculum and consumer education materials development through an extension-based nutrition education and wellness concentration at the American Dietetic Association Food and Nutrition Conference and Exposition Innovations in Practice session poster presentation, Boston, MA, 2012.

**Shelnutt KP** and Kauwell GPA. Graduate course gives dietetic interns extension experience and meets accreditation requirements at the Society for Nutrition Education 43rd annual conference poster presentation, Reno, NV, 2010

**Shelnutt KP** and Kauwell GPA. Graduate Course that Incorporates Supervised Practice Gives Dietetic Interns Extension Experience. Society for Nutrition Education annual conference poster presentation, Reno, NV, 2010.

**Shelnutt KP**, Diehl DC, Byrne E, and Bobroff LB. ENAFS Diabetes Module Increases Diabetes Knowledge of Older Adults. Society for Nutrition Education annual conference oral presentation, New Orleans, LA, 2009.

Bobroff LB and **Shelnutt KP**. "Development of MyPyramid for Older Adults." Extension Professional Associations of Florida annual conference oral presentation, Orlando, August 13, 2008.

**Shelnutt KP**, Bobroff LB and Diehl DC. Evaluation of MyPyramid for Older Adults. Society for Nutrition Education annual conference poster presentation, Atlanta, July 22, 2008.

Bobroff LB and **Shelnutt KP**. "Using MyPyramid for Older Adults with a Varied Audience." Society for Nutrition Education FNEE Pre-conference poster presentation, Chicago, July 28, 2007.

Bobroff LB and **Shelnutt KP**. "Development of MyPyramid for Older Adults – An Adaptation of USDA's Food Guidance System." Society for Nutrition Education annual conference oral presentation, Chicago, July 31, 2007.

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Quinlivan EP, Gregory JF, Kauwell GPA. Combined influence of the methionine synthase reductase 66A□G/ methylenetetrahydrofolate reductase 677C□T polymorphisms, vitamin B12 and folate status on plasma homocysteine in young women. Experimental Biology annual conference poster presentation, Washington, DC, April 2004.

**Shelnutt KP**, Kauwell GPA, Gregory III JF, Maneval D, Theriaque DW, Browdy AL, and Bailey LB Methylenetetrahydrofolate reductase (MTHFR) polymorphism (C677T) negatively affects folate status response to controlled folate intake in young women. Experimental Biology annual conference oral presentation, San Diego, April 2003.

Chapman C, Bailey LB, Gregory JF, Maneval D, Theriaque D, **Pagán K**, and Kauwell GPA. Effect of methylenetetrahydrofolate reductase (MTHFR) polymorphism on folate status response to controlled folate intake in nonpregnant women. Experimental Biology annual conference poster presentation, New Orleans, April 2002.

**Pagán K**, Tamura T, Goldenberg RL, Hou J, and Cliver S. Maternal serum homocysteine (hcy) and B vitamin levels and fetal growth. Experimental Biology annual conference oral presentation, San Diego, April 2000.