

# Larry F. Forthun

## Curriculum Vita

### University Address:

University of Florida  
Family, Youth and Community Sciences  
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### Undergraduate and Graduate Education

| <u>Institution</u>    | <u>Date</u> | <u>Degree</u> | <u>Major</u>                                                                                                                 |
|-----------------------|-------------|---------------|------------------------------------------------------------------------------------------------------------------------------|
| Texas Tech University | 1999        | Ph.D.         | <i>Major:</i> Human Development and Family Studies<br><i>Interdisciplinary Minor:</i> Adolescent and Young Adult Risk Taking |
| Utah State University | 1995        | M.S.          | <i>Major:</i> Marriage and Family Therapy                                                                                    |
| Utah State University | 1992        | B.S.          | <i>Major:</i> Psychology<br><i>Minor:</i> Family and Human Development                                                       |

### Current Position

*2007 – Present* Assistant Professor Human Development & Intergenerational Approaches to Healthy Families and Communities  
Institute of Food and Agriculture Sciences  
Department of Family, Youth, and Community Sciences  
University of Florida, Gainesville, FL

### Past Positions

*2005 – 2007* Associate Professor (tenured), Human Development and Family Studies, Penn State University, DuBois Campus, DuBois, PA.

*1999-2005* Assistant Professor, Human Development and Family Studies, Penn State University, DuBois Campus, DuBois, PA.

- 1998-1999 Instructor, Penn State University, DuBois Campus, DuBois, PA.
- 1995 - 1998 Part-time Instructor, Texas Tech University, Lubbock, TX.
- 1993-1995 Mental Health Counselor, Weber Human Services, Ogden, UT.

### **Certifications**

- 2000-Present Certified Family Life Educator (CFLE)

### **Publications**

#### **Refereed Journal Articles**

- Forthun, L.F., Payne, C., & McCombie, J. (In Press). Life Space Crisis Intervention in a school setting: Final results. *Reclaiming Children and Youth*.
- Forthun, L.F., & Montgomery, M.J. (In Press). Profiles of adolescent identity formation and the response to a typical substance abuse intervention. *Alcoholism Treatment Quarterly*.
- Poyrazli, S., Ferrer-Wreder, L., Meister, D., Forthun, L., Coatsworth, J.D., & Grahame, K.M. (2008). Academic achievement, employment, age, gender and students' experience of alternative school. *Adolescence*, 43, 547-556.
- Fischer, J.L., Forthun, L.F., Pidcock, B.W., & Dowd, D.A. (2007). Parent relationships, emotion regulation, psychosocial maturity and college student alcohol use problems. *Journal of Youth and Adolescence*, 36, 912-926.
- Forthun, L.F., & McCombie, J. (2007). A Preliminary Outcome Study of Response Ability Pathway Training. *Reclaiming Children and Youth: The Journal of Strength-Based Interventions*, 16, 27-34.
- Ferrer-Wreder, L., Poyrazli, S., Bedard, B., Coatsworth, J.D., Meister, D., Forthun, L.F., & Grahame, K. (2007). Alternative school students' normative beliefs about aggression. *The Journal of Educational Alternative: Principles, Practices, and Leadership*, 3, 66-87.
- Forthun, L.F., McCombie, J. W., & Freado, M. (2006). A study of LSCI in a school setting. *Reclaiming Children and Youth: The Journal of Strength-Based Interventions*, 15, 95-102.
- Forthun, L. F., Montgomery, M. J., & Bell, N. J. (2006). Identity formation in a relational context: A person-centered analysis of troubled youth. *Identity: An International Journal of Theory and Research*, 6, 141-167.

- Fischer, J.L., Pidcock, B.W., Munsch, J., & Forthun, L.F. (2005). Parental abusive drinking and sibling role differences. *Alcoholism Treatment Quarterly*, 23, 79-97.
- Forthun, L.F., Pidcock, B.W., & Fischer, J.L (2003). Religiousness and disordered eating: Does religiousness modify family risk? *Eating Behaviors: An International Journal*, 4, 7-26 .
- Pidcock, B.W., Fischer, J.L., Forthun, L.F., & West, S.L. (2000). Hispanic and Anglo college women's risk factors for substance use and eating disorders. *Addictive Behaviors: An International Journal*, 25, 705-723.
- Bell, N.J., Forthun, L.F., & Sun, S-W. (2000). Attachment, adolescent competencies, and substance use: Developmental considerations in the study of risk behaviors. *Substance Use & Misuse*, 35, 1177-1206.
- Forthun, L. F., Bell, N. J., Peek, C. W., & Sun, S-W. (1999). Religiosity, sensation seeking, and alcohol/drug use in denominational and gender contexts. *Journal of Drug Issues*, 29, 75-90.
- Roggman, L. A., Moe, S. T., Hart, A. D., & Forthun, L. F. (1994). Family leisure and social support: Relations with parenting stress and psychological well-being in head start parents. *Early Childhood Research Quarterly*, 9, 463-480.

### **Refereed Book Reviews**

- Forthun, L.F. (2008). [Review of the book *Science-based programs for children and adolescents*]. *Journal of Adolescent Research*, 23, 114-116.

### **Invited Articles**

- Roggman, L. A., Moe, S. T., Hart, A. D., & Forthun, L. F. (1994). Social support and family leisure: Correlates of parenting stress among head start parents. *Utah Children Voice*, 8 (3), 5.

### **Submitted Articles**

- Forthun, L.F., & McCombie, J.W. (Submitted). The impact of Life Space Crisis Intervention (LSCI) on the cognitive, emotional, and behavioural responses of educators.
- Fischer, J.L., Wiersma, J.D., Forthun, L.F., Pidcock, B.W., & Dowd, D. (Submitted). Parent drinking, college student drinking, difficulties with friendships and difficulties with dating.

### Articles in Preparation

Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Dowd, D.A. Identity and spirituality among college students.

Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Dowd, D.A. Spirituality and emotion regulation as mediators of college student alcohol abuse.

### Reports to Sponsors

Forthun, L.F. (2008, December). *Risk and protective factors for substance use and other troubling behaviors among Clearfield and Jefferson County youth: 2009 edition*. DuBois, PA: Clearfield-Jefferson Drug Free Communities Coalition.

Forthun, L.F. (2007, December). *Risk and protective factors for substance use and other troubling behaviors among Clearfield and Jefferson County youth: 2008 Edition*. DuBois, PA: Clearfield-Jefferson Drug Free Communities Coalition.

Forthun, L.F. (2006, November). *Life Space Crisis Intervention: An evaluation study within a rural Pennsylvania school district*. DuBois, PA. DuBois Area School District

Forthun, L.F. (2005, November). *An evaluation of Life Space Crisis Intervention (LSCI): Second year report*. DuBois, PA. DuBois Area School District.

Forthun, L.F. (2005, January). *A Challenge to Succeed (A.C.T.S.) student survey: Final report*. Harrisburg, PA: Penn State University, Harrisburg.

Forthun, L. F. & McCombie, J. (2004, August). *Life Space Crisis Intervention: Year 1 final report*. DuBois, PA: DuBois Area School District.

Forthun, L.F., Coatsworth, D.J., Ferrer-Wreder, L., Grahame, K.M., Meister, D.G., Melnick, S.A., & Poyrazli, S. (2003, August). *A Challenge to Succeed (A.C.T.S.): Year one executive summary*. Harrisburg, PA: Penn State University, Harrisburg.

Pidcock, B.W., & Forthun, L.F. (1997, September). *An evaluation of the Center for the Study of Addiction*. Lubbock, TX: Texas Tech University.

Forthun, L.F., & Pidcock, B.W. (1997, February). *Follow-up to the Harwell neighborhood study: Executive summary*. Lubbock, TX: Texas Tech University.

Rogman, L. A., Hart, A. D., Moe, S. T., & Forthun, L. F. (1994, December). *Family Service Center project evaluation: Year 3 final report*. Logan, UT: Utah State University.

Roggman, L. A., Hart, A. D., Moe, S. T., & Forthun, L. F. (1994, December). *Bear River Head Start Family Service Center: What is it? Does it work?* Logan, UT: Utah State University.

Roggman, L. A., Hart, A. D., Moe, S. T., & Forthun, L. F. (1994, November). *Family Service Center project evaluation: Year 3 participants and services report.* Logan, UT: Utah State University.

Roggman, L. A., Moe, S. T., Hart, A. D., & Forthun, L. F. (1993, November). *Family Service Center project evaluation: Year 2 report.* Logan, UT: Utah State University.

### **Unpublished Research Theses**

Forthun, L.F. (1999). *An examination of identity formation during adolescence: A person-oriented approach.* Unpublished doctoral dissertation, Texas Tech University, Lubbock, TX.

Forthun, L. F. (1995). *Identity style, substance use, and perceived family functioning among young adults: An exploratory study.* Unpublished masters thesis, Utah State University, Logan, UT.

### **Cooperative Extension Publications**

Forthun, L. (2008). *Family nutrition: The truth about family meals.* Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. Publication number: FCS8871. <http://edis.ifas.ufl.edu/FY1061>.

Forthun, L. & Kaplan, M. (2008). *Family nutrition: A RECIPE for good communication.* Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. Publication number: FCS8670. <http://edis.ifas.ufl.edu/FY1060>.

Forthun, L. (2008). *Family nutrition: Parenting and family life.* Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. Publication number: FCS8869. <http://edis.ifas.ufl.edu/fy1059>.

Kaplan, M., Forthun, L.F., Kostelecky, K.L., Nichols, A., Johnston, J.H., Corbin, M., et al. (2008). Rationale and recommendations for strengthening the intergenerational agenda within Cooperative Extension (A “white paper” document). Retrieved December 2, 2008, from Penn State University, Agricultural and Extension Education. Web site: <http://intergenerational.cas.psu.edu/Docs/WhitePaper.pdf>.

Warstadt, T. W., Forthun, L. F., Jenson, G. O., & Rogers, D. L. (1992). *Utah families: The issues they face* (No. Ec 448). Logan, UT: Utah State University, Cooperative Extension Service and Agricultural Station.

### **Research Grants/Awards**

#### ***Ongoing***

2007 – 2010 **Co-Principal Investigator**, *United Way of America: Strengthening Families United, Learning Through Participatory Evaluation*  
Source: United Way of America  
Funded: \$246,290

#### ***Completed***

2005 **Principal Investigator**, *Easing the Transition from Middle School to High School*  
Source: Pennsylvania State University, Research and Development Grant  
Funded: \$2,000 (w/\$250 Undergraduate Research Stipend)

2004 **Principal Investigator**, *Academic Adjustment Among First-Generation vs. Second-Generation College Students*  
Source: Pennsylvania State University, Research and Development Grant  
Funded: \$1,800 (w/\$250 Undergraduate Research Stipend)

2003 **Co-Investigator**, *The Development of Exemplary Alternative and Charter Schools in Central Pennsylvania*  
Source: Research Council of Harrisburg  
Funded: \$6,000

2002 **Principal Investigator**, *Academic Success Among College Students*  
Source: Pennsylvania State University, Research and Development Grant  
Funded: \$1,600 (w/\$500 Undergraduate Research Stipend)

2002 **Co-Investigator**, *At-Risk Youth in Alternative Education*  
Source: The Greater Harrisburg Foundation  
Funded: \$5,000

2002 **Co-Investigator**, *At-Risk Youth in Alternative Education*  
Source: Penn State University Children Youth and Family Consortium  
Funded: \$2,257

2001 **Principal Investigator**, *A Developmental Approach to Binge Drinking on College Campuses*  
Source: Pennsylvania State University, Research and Development Grant  
Funded: \$1,900 (w/\$500 Undergraduate Research Stipend)

- 2001      **Principal Investigator**, *Examining Adolescent Identity Formation in the Transition from Middle School to High School*  
Source: Pennsylvania State University, Research and Development Grant  
Funded: \$1,800.
- 2000      **Principal Investigator**, *An Evaluation of SIMBA: An Alternative Education Experience for Middle School Adolescents*  
Source: Pennsylvania State University, Research and Development Grant  
Funded: \$1,800 (w/\$500 Undergraduate Research Stipend)
- 1999      **Principal Investigator**, *An Examination of Religiosity, Family Functioning, and Disordered Eating Behavior Among College Women*  
Source: Pennsylvania State University, Research and Development Grant  
Funded: \$1,800.
- 1998      **Principal Investigator**, *An Examination of Identity Formation During Adolescence: A Person-Oriented Approach*  
Funding Source: Texas Tech University Dissertation Award  
Funded: \$2,000.

### **Professional Presentations**

- Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Dowd, D.A. (2008, March). *Spirituality and emotion regulation as mediators of college student alcohol abuse*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Poyrazli, S., Meister, D., Grahame, K.M., Forthun, L.F., Ferrer-Wreder L., & Coatsworth, D. (2007, October). *Lessons learned in research policy by an interdisciplinary team working in non-mainstream schools*. Poster presented at the biennial meeting of the Society for the Study of Human Development, University Park, PA.
- Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Dowd, D.A. (2007, March). *The impact of spirituality on fidelity in young adulthood*. Paper presented at the annual conference of the Society for Research on Identity Formation, Washington, D.C.
- Forthun, L.F., Montgomery, M. (2007, March). *Adolescent identity formation and responses to substance abuse treatment*. Paper presented at the annual conference of the Society for Research on Identity Formation, Washington, D.C.
- Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Dowd, D.A. (2006, March). *Eating concerns among emerging adult women: Parental psychological control, autonomy, and psychosocial development*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.

- Pidcock, B.W., Forthun, L.F., & Fischer, J.L., (2006, March). *Spirituality as a moderating variable of binge drinking for sorority and non-sorority college students*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.
- Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Dowd, D.A. (2005, November). *The role of parental attachment and psychological autonomy on healthy college student development*. Poster presented at the annual conference of the National Council on Family Relations, Phoenix, AZ.
- Pidcock, B.W., Forthun, L.F., Fischer, J.L., & Dowd, D.A. (2005, November). *Differences in binge drinking and alcohol-related problem behaviors for Sorority and non-Sorority college students*. Poster presented at the annual conference of the National Council on Family Relations, Phoenix, AZ.
- Ferrer-Wreder, L., Coatsworth, J.D., Poyrazli, S., Meister, D., Grahame, K.M., & Forthun, L.F. (2005, February). *The development of exemplary alternative and charter schools: An example of interdisciplinary outreach research*. Symposium paper presented at the annual conference of the Society for Research on Identity Formation, Miami, FL.
- Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Dowd, D.A. (2004, November). *Psychological control, psychosocial development, and eating concerns*. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL..
- Pidcock, B.W., Forthun, L.F., Fischer, J.L., & Dowd, D.A. (2004, November). *Differences in binge drinking and alcohol-related problem behaviors for Fraternity and non-Fraternity college students*. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL.
- Fischer, J.L., Forthun, L.F., Pidcock, B.W., & Dowd, D.A. (2004, November). *Identity, parent relationships, and college student's substance use problems*. Paper presented at the annual conference of the National Council on Family Relations, Orlando, FL
- Grahame, K.M., Ferrer-Wreder, L., Coatsworth, D., Meister, D., Poyrazli, S., & Forthun, L.F. (2004, August). *The child left behind: Immigrant children and charter education in Pennsylvania*. Paper presented at the annual meeting of The Society for The Study of Social Problems. San Francisco, CA.
- Forthun, L.F., Pidcock, B.W., Dowd, D., and Gabler, L. (2004, March). *Emerging adults and alcohol use: A person approach*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

- Pidcock, B.W., Forthun, L.F., & Fischer, J.L. (2003, November). *An exploration of the role of family addiction, parental divorce, and sorority membership in moderating college women=s alcohol and substance use*. Poster presented at the annual conference of the National Council on Family Relations, Vancouver, BC, Canada.
- Forthun, L.F., Dowd, D.A., & Michelitsch, L. (2003, May). *College student development: A person approach*. Poster presented at the annual conference of the Society for Research on Identity Formation, Vancouver, British Columbia, Canada.
- Forthun, L.F., Pidcock, B.W., Fischer, J.L. (2002, November). *Differentiating non-parental adult relatives and non-related adults as mentors for college students*. Poster presented at the annual conference of the National Council on Family Relations, Houston, TX.
- Pidcock, B.W., Forthun, L.F., & Fischer, J.L. (2002, November). *An exploration of the role of parental recovery in moderating college men=s alcohol and substance use*. Poster presented at the annual conference of the National Council on Family Relations, Houston, TX.
- Forthun, L.F., Pidcock, B.W., Fischer, J.L. & Gray, A. (2002, April). *The role of adult mentors in the lives of college students*. Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.
- Pidcock, B. W., Forthun, L. F., & Fischer, J. L. (2002, April). *An exploration of the role of parental recovery in moderating college women=s substance abuse and disordered eating*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence in New Orleans, LA.
- Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Capistrant, A.C. (2001, November). *The role of intrinsic/extrinsic religiosity in binge drinking and substance use among college women*. Poster presented at the annual conference of the National Council on Family Relations, Rochester, NY.
- Forthun, L.F., Montgomery, M., Bell, N.J., & Sorell, G.T. (2001, May). *The Impact of a Community-Based Substance Abuse Intervention on Identity Processes*. Symposium paper presented at the annual conference of the Society for Research on Identity Formation, London, Ontario, Canada.
- Forthun, L.F., Pidcock, B.W., & Fischer, J.L. (2000, November). *The role of intrinsic/extrinsic religiosity in eating disordered behavior*. Paper presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.

- Pidcock, B.W., Forthun, B.W., & Fischer, J.L. (2000, November). *Moderating factors of male college students= binge drinking behaviors*. Round Table Paper presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Pidcock, B.W., Fischer, J.L., Forthun, L.F., West, S.L., Munsch, J., & Feng, D. (2000, July). *U.S. Hispanic and Anglo college women=s risk factors for substance use and eating disorders*. Poster presented at the biennial conference of the International Society for the Study of Behavioural Development, Beijing, China.
- Forthun, L.F., Bell, N.J., & Montgomery, M. J. (2000, March). *Exploring identity crisis using a person-oriented developmental approach*. Poster presented at the annual conference of the Society for Research on Identity Formation, Chicago, IL.
- Pidcock, B.W., Forthun, L.F., & Fischer, J.L. (2000, March). *Risk factors for male college students= binge drinking*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Forthun, L.F., Bell, N.J., Pidcock, B.W., & Begley, J. (1999, November). *Identity development and the adolescent experience in an intervention setting*. Poster presented at the annual conference of the National Council on Family Relations, Irvine, CA.
- Pidcock, B.W., Forthun, L.F., & Fischer, J.L. (1999, November). *Temperament related risk factors for male college students*. Poster presented at the annual conference of the National Council on Family Relations, Irvine, CA.
- Pidcock, B.W., Forthun, L.F., & Fischer, J.L. (1999, April). *Temperament related risk factors for male adult children of alcoholics*. Poster presented at the Annual Groves Conference on Marriage and the Family, St. Petersburg, FL.
- Pidcock, B. W., Fischer, J. L., Forthun, L. F., & West, S. L. (1998, November). *University policy: Hispanics and Anglo college women risk factors*. Poster presented at the annual conference of the National Council on Family Relations, Milwaukee, WI.
- Forthun, L. F., Pidcock, B. W., & Fischer, J. L. (1998, April). *Testing the relationship between family functioning, religiosity, and bulimia among Anglo and Hispanic college women*. Post presented at the annual All University Conference on the Advancement of Women in Higher Education, Lubbock, TX.
- Pidcock, B. W., Forthun, L. F., & Fischer, J. L. (1998, March). *Offspring temperament and the intergenerational transmission of family addiction*. Poster presented at the Annual Groves Conference on Marriage and the Family, Washington, D.C.

- Forthun, L.F., Pidcock, B.W., Fischer, J.L., & Gomez, T. (1998, February). *Religiosity and substance use among college students: The impact of gender and family addiction*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA.
- Pidcock, B.W., Fischer, J.L., Williams, A., West, S., & Forthun, L.F. (1998, February). *Risk factors and problem behaviors among Mexican-American and Anglo college freshmen*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA.
- Pidcock, B.W., West, S.L., Forthun, L.F., & Fischer, J.L. (1998, February). *University prevention policy: Mexican American and Anglo freshman risk factors*. Poster presented at the Biennial Minority Issues in Prevention Conference, Tempe, AZ.
- Forthun, L.F., Bell, N.J., Sheh-Wei, S., Peek, C.W., & Sorell, G.T. (1997, November). *Religiosity, parental attachment, and sensation seeking: Relationship to alcohol and marijuana use*. Poster presented at the annual conference of National Council on Family Relations, Arlington, VA.
- Bell, N.J., Forthun, L.F., Sheh-Wei, S., Peek, C.W., & Sorell, G.T. (1997, November). *Adolescent attachment, autonomy, and substance use*. Poster presented at the annual conference of National Council on Family Relations, Arlington, VA.
- Forthun, L.F., Munsch, J., White, J.M., & Wampler, R. (1997, May). *Peer influences as mediators between parent-child attachment and adolescent substance use: A comparison of African-American and Mexican-American at-risk youth*. Paper presented at the Risky Behaviors of Adolescents Symposium, The Ohio State University, Columbus, OH.
- Forthun, L.F., Pidcock, B.W., & Felstehausen, V. (1997, March). *University and community partnership: The Harwell neighborhood study*. Poster presented at the annual Student Research and Creativity Session, College of Human Sciences, Lubbock, TX.
- Forthun, L.F., White, J.M., Wampler, R., & Munsch, J. (1996, March). *Resiliency characteristics of at-risk youth in Lubbock*. Poster presented at the annual Student Research and Creativity Session, College of Human Sciences, Lubbock, TX.
- Allgood, S. M., Edgington, S., & Forthun, L. F. (1994, November). *Structural movement interventions: Do they influence marital communication*. Paper presented at the annual conference of National Council on Family Relations, Minneapolis, MN.

Roggman, L. A., Moe, S. T., Hart, A. D., & Forthun, L. F. (1994, April). *Social support and family leisure: Correlates of parenting stress among Head Start parents*. Paper presented at Kids Count in Utah: The 1994 Child Advocacy Conference of Utah Children, Salt Lake City, UT.

Forthun, L. F. (1993, May). *God gave rock and roll to you!* Poster presented at the annual conference of the Utah Council on Family Relations, Provo, UT.

### **Undergraduate Student Research Presentations**

Crissman, J. (2005, April). *College students and eating disturbances: Body dissatisfaction, self-esteem, and negative affect*. Poster presented at the PSU Commonwealth College/Altoona College HDFS Undergraduate Research Fair, University Park, PA.

Spaid, S. (2005, April). *The correlation between campus learning environment and adjustment to college*. Poster presented at the PSU Commonwealth College/Altoona College HDFS Undergraduate Research Fair, University Park, PA.

Swatsworth, S. (2005, April). *Identity style and adjustment to college*. Poster presented at the PSU Commonwealth College/Altoona College HDFS Undergraduate Research Fair, University Park, PA.

Michelitsch, L.M., Forthun, L.F., & Dowd, D.A. (2003, May). *Identity development and autonomy*. Poster presented at the annual meeting of the Society for Research on Identity Formation, Vancouver, BC, Canada.

Michelitsch, L.M. (2003, April). *Identity development and autonomy*. Poster presented at the Twelfth Annual Undergraduate Research Fair, The Pennsylvania State University, University Park, PA.

Douthit, S.B. (2001, October). *The relationship between parenting styles and conflict resolution*. Poster presented at the annual Building Strong Families conference, Harrisburg, PA.

Zimmerman, R., Shaffer, J., & Kerswell, T. (2000, March). *Affects of alcohol on college students*. Poster presented at the Ninth Annual Undergraduate Research Fair, The Pennsylvania State University, University Park, PA.

Capistrant, A. (1999, March). *Make it a double: Alcohol related risk for COA college students*. Poster presented at the Eighth Annual Undergraduate Research Fair, The Pennsylvania State University, University Park, PA.

## **Reports to Sponsors from Student-Lead Evaluation Projects**

Bates, N., Benjamin, J., Blessel, T., Bowser, L., Cruz, A., DeBoer, C., Elensky, M., Fritz, J., Matusky, J., Taft, C., Walker, G., & Witherite, K. (2001, May). *Evaluation of the Penn State DuBois adult and disabilities services web page*. DuBois, PA: Penn State University, DuBois Campus.

Baker, K., Clark, J., Clayton, K., DeVallance, C., Holt, S., Ireland, C., McLaughlin, S., Pratt, T., Shaw, D., Vasquez, R., Witherow, Jr., P., & Zimmerman, R. (2000, December). *Needs Assessment of the Penn State DuBois Academic Learning Center*. DuBois, PA: Penn State University, DuBois Campus.

Baker, K., Benjamin, J., Bowser, L., Clayton, K., Cruz, A., Devallence, C., Douthit, S., Elensky, M., Holt, S., Ireland, C., Korb, J., Matusky, J., McLaughlin, S., Moore, C., Walker, G., & Witherite, K. (2000, May). *Evaluation of SIMBA (Students in Meaningful and Beneficial Activities): Final Report*. DuBois, PA: Penn State University, DuBois Campus.

## **Professional Activities and Memberships**

### **Member**

|                 |                                                              |
|-----------------|--------------------------------------------------------------|
| 2004 to Present | American Psychological Association (APA)                     |
| 1998 to Present | Society for Research on Identity Formation (SRIF)            |
| 1994 to Present | National Council on Family Relations (NCFR)                  |
| 1994 to Present | Society for Research on Adolescence (SRA)                    |
| 2001 to 2007    | Penn State University Children, Youth, and Family Consortium |

### **Service to Profession**

|                 |                                                                         |
|-----------------|-------------------------------------------------------------------------|
| 2006 to Present | Member, Society for Research on Identity Formation Membership Committee |
| 2001 to 2007    | Board Member, Mid-Atlantic Council on Family Relations                  |
| 2005 to 2006    | President, Mid-Atlantic Council on Family Relations                     |
| 2003 to 2005    | Vice President, Mid-Atlantic Council on Family Relations                |

### **Reviewer**

|                |                                                                                                                                                                                                            |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2005 – Present | Editorial Board Member, <i>Journal of Youth and Adolescence</i>                                                                                                                                            |
| 2005 – Present | Invited Reviewer: <i>Journal of Research on Adolescence</i> , <i>Journal of Early Adolescence</i> , <i>Identity: An international Journal of Theory and Research</i> , and <i>Journal of Family Issues</i> |

**Professional Lectures**

*Oct. 2002* Invited Lecturer, The Sixteenth Annual Bruce Everist Lecture Series, The Center for Children and Families, Louisiana Tech University. *Alcohol Misuse Among Teens: A Town Forum.*

**Consulting**

*2004 to present* Independent Consultant, Clearfield/Jefferson Drug and Alcohol Commission, Falls Creek, PA  
Research and professional support for adolescent alcohol and drug use prevention/intervention programming

*2003 to 2006* Independent Consultant, DuBois Area School District, DuBois, PA  
Evaluation of Life Space Crisis Intervention; a skills based approach for working with youth.

*2003 to 2005* Independent Consultant, The Guidance Center, Ridgeway, PA  
Research and professional support for youth development programming

**University Leadership and Service**

**Committee work (University of Florida)**

*2008 to present* Member, Ad Hoc committee for FYCS-IFAS Research Roadmap

**Committee work (Penn State University)**

*2007 to present* Member, Director of Academic Affairs Position Screening and Interview Committee, DuBois campus

*2007 to present* Member, HDFS Position Screening and Interview Committee, DuBois campus

*2004 to present* Member, PSU DuBois Swift Renovation Committee

*2004 to present* Member PSU DuBois Space Committee

*2002 to present* Member, University College HDFS Undergraduate Research Committee

*2001 to present* Member, University College HDFS Undergraduate Internship Committee

*2001 to present* Member, Student Affairs Committee, DuBois campus

*2005 to 2006* Division of Health and Human Development Promotion and Tenure Committee

*2002 to 2003* Member, Retention of At-Risk Students Committee, DuBois campus

*2000-2001* Chair, Student Affairs Committee, DuBois campus

*2000-2001* Member, DuBois Undergraduate Research committee

- 1999-2000 Member, Curricular Affairs Committee, DuBois campus  
1999-2000 Chair, HDFS Position Screening and Interview Committee, Dubois campus  
1998-1999 Chair, Faculty Affairs Committee, Dubois campus

**Community Service**

- 1998 to Present Member, Penn State University/Pennsylvania Liquor Control Board Partnership for Prevention  
2006 to Present Member, Clearfield-Jefferson Drug Free Communities Coalition; Chair, Data Committee  
2007 to Present Member, Clearfield Collaboration and Prevention Board  
2003 to 2006 Member, Data Committee, Elk County Family Resource Network  
2000 to 2006 Member, DuBois Area Community and School Partnership  
2000 to 2005 Chair, DuBois Area Community and School Partnership  
2001 to 2003 Member, Advisory Board for Promising Practices for Promising Youth Conferences, DuBois Area School District

**Individual Honors/Awards**

- 2007 & 2008 Who's Who in America  
April 2004 Penn State University, Commonwealth College Award for Distinguished Faculty Service and/or Outreach  
1995 - Present Phi Kappa Phi National Honor Society.

**Collaborative Honors/Awards**

- April 2002 Penn State University, Commonwealth College Award for Innovation. Awarded to the DuBois Undergraduate Research committee (I was a member of the committee).  
April 2002 The Commission for the Prevention of Alcohol, Tobacco, and Other Drug Abuse, Award for Education and Awareness. Awarded to the PSU-PLCB Partnership for Prevention at the DuBois campus (I am a member of the Partnership).

**Teaching and Pedagogy**

**Courses Taught at University of Florida (2008 to present)**

| <u>Course</u> | <u>Credits</u> | <u>Title</u>                                   |
|---------------|----------------|------------------------------------------------|
| FYC 6932      | 3              | Assessment and Intervention for Troubled Youth |

**Courses Taught at Penn State University (1998-2007)**

| <u>Course</u> | <u>Credits</u> | <u>Title</u>                                                           |
|---------------|----------------|------------------------------------------------------------------------|
| HDFS 129      | 3              | Introduction to Human Development and Family Studies                   |
| HDFS 229      | 3              | Infant and Child Development                                           |
| HDFS 239      | 3              | Adolescent Development                                                 |
| HDFS 312      | 3              | Empirical Inquiry (Research Methods)                                   |
| HDFS 315      | 3              | Family Development                                                     |
| HDFS 401      | 3              | Project Planning, Implementation, and Evaluation in the Human Services |
| HDFS 402      | 4              | Human Services Seminar                                                 |
| HDFS 411      | 3              | The Helping Relationship                                               |
| HDFS 414      | 3              | Resolving Human Development and Family Problems                        |
| HDFS 429      | 3              | Advanced Child Development                                             |
| HDFS 432      | 3              | Developmental Problems in Childhood and Adolescence                    |
| HDFS 433      | 3              | Developmental Transitions to Adulthood                                 |
| HDFS 455      | 3              | Development and Administration in Human Service Programs               |
| HDFS 495C     | 6-8            | Professional Practicum in Human Services                               |

**Pedagogical Research Grants**

*May 2007* Title: Development of HDFS 239 (Adolescent Development) as an online course.  
 Funding Source: PSU-DuBois Teaching Development Grant.  
 Funded: \$400

*March 2007* Title: Attend the Society for Research on Child Development Teaching Institute.  
 Funding Source: PSU Schreyer Institute for Teaching Excellence.  
 Funded: \$500

- March 2006* Title: Present at the Society for Research on Adolescence conference  
Funding Source: PSU Schreyer Institute for Teaching Excellence  
Funded: \$500
- June 2005* Title: Present at the Black Hills Seminars  
Funding Source: PSU Schreyer Institute for Teaching Excellence  
Funded: \$500
- Nov. 2004* Title: Present at the National Council on Family Relations conference  
Funding Source: PSU Schreyer Institute for Teaching Excellence  
Funded: \$500
- Spring 1999* Co-Applicant, Title: Course Innovation, HDFS 414 (Resolving Human Development and Family Problems)  
Funding Source: PSU Royer Center for Learning and Academic Technologies  
Funded: \$1,000.

### **Pedagogical Seminars and Workshops Taught**

- March 2004* Invited Discussant; Penn State University, DuBois campus, *Course Innovations with ANGEL*.
- Oct. 2002* Invited Discussant, PSU Commonwealth College HDFS Meeting. *Workshop on Program Evaluation: Development of HDFS 401*.
- Oct. 2002* Invited Presenter, PSU Commonwealth College All-Faculty Meeting, *Articulating Your Philosophy of Teaching*.
- Oct. 2002* Invited Presenter, Center for Children and Families, Louisiana Tech University, *Alcohol Misuse on College Campuses: An Obstacle to Healthy Student Development*.
- Sept 2002* Invited Presenter, Center for Children and Families, Louisiana Tech University, *Alcohol Misuse Among Adolescents: Tools for Building a Community Response*.
- June 2002* Invited Presenter, Cen-Clear Child Services, Inc. *Introduction to Marriage and Family Therapy*.
- June 2002* Invited Presenter, Cen-Clear Child Services, Inc. *Using Marriage and Family Therapy Techniques*.

- June 2002* Invited Presenter, Cen-Clear Child Services, Inc. *Working with Difficult Clients.*
- May 2001* Invited Presenter, Penn State University Royer Center for Learning and Academic Technologies May Days, *Using Endnote in Research.*
- March 2001* Invited panel discussion participant, PSU Commonwealth College All-Faculty Meeting, *Creating a Teaching Portfolio.*
- Feb. 2000* Invited Presenter, Penn State University/Pennsylvania Liquor Control Board Partnership for Prevention Mid-Winter Workshop. *Curriculum Infusion.*
- Aug. 1999* Invited Co-Presenter, Penn State DuBois Faculty Orientation Workshop, *Results of a Campus Survey of Alcohol and Drug Use Among Penn State DuBois Students.*

#### **Pedagogical Workshops Attended**

- March 2007* 2<sup>nd</sup> Biennial Society for Research on Child Development Teaching Institute, Boston, MA
- April 2001* Ninth Annual Teaching and Learning with Technology Symposium sponsored by the Center for Academic Computing and the Center for Education Technology, University Park, PA.
- June 2000* Eighth Annual Conference of the Council for Undergraduate Research, Wooster, OH.
- Sept 1998* Interaction Competence in Action Workshop sponsored by the Penn State University Royer Center for Learning and Academic Technologies, University Park, PA.
- August 1998* Student Centered Discussion Workshop sponsored by the Penn State University Commonwealth College, University Park, PA.